Family and Community Support Services

Measures Bank

with Provincial Priority Measures

January 2014

Making sense of the measures bank

What are measures?

Local FCSS programs and projects address local priorities based on social needs (FCSS Outcomes Model, March 2012, page 8). When developing a program logic model (PLM) for an FCSS initiative in your community, you identify outcomes that relate to your statement of need and the overall goal. Measures are the questions that relate to the indicators of the outcomes identified for the program or project being undertaken and are a way of evaluating how local FCSS programs make a difference in the lives of people and communities. (FCSS Outcomes Measures Training Workbook, 2010, page 3)

Where the measures come from:

Many of the measures in this measures bank are survey questions drawn from a variety of sources, e.g. Statistics Canada, and the Colorado Toolkit. The questions drawn from these sources have been used and tested many times and are therefore considered 'reliable' and 'valid'. The Outcome Measures Trainers team created other measures when questions related to existing FCSS initiatives in Alberta communities were not found. For a complete list of sources, see the source list at the end of this section

How the measures bank document is organized:

The arrangement of the measures in this measures bank relate to the indicators of the outcomes identified in the FCSS Outcomes Model (March 2012). The measures are listed by indicator in the order they appear under each of the outcomes in the FCSS Outcomes Model. Each indicator has a separate worksheet.

At the beginning of some indicators, there is a group of measures identified as Provincial Priority Measures. These measures show the areas of interest of the Provincial FCSS Program. A complete list of the measures for that indicator follows.

The heading of the worksheet identifies whether the indicator relates to one of three areas: the improved social well-being of individuals, the improved social well-being of families or the improved social well-being of community. Next one of the outcomes related to individuals, families or community is shown followed by a specific indicator with the definition.

Here is an example:

IMPROVED SOCIAL WELL-BEING OF INDIVIDUALS

Individual Outcome #1: Individuals experience personal well-being

Indicator: Resilience - the extent to which people are able to deal with life's difficulties

The worksheet then includes a chart with both pre-test/post-test measures and post-only measures. Pre-test/post-test measures are on the left side and post-only measures are found on the right side of the page. For each measure of the indicator (both pre-test/post-test and post-only), the following information is displayed:

- The number of the measure;
- The wording of the measure;
- The type of scale used with the measure; and
- The source of the measure.

Process for using the measures bank:

The following process is suggested to find out how local FCSS programs and projects are benefitting or making a difference in the lives of people and communities they serve.

How to proceed:

- 1. Develop or review the outcomes and indicators from your PLM for an FCSS program or project;
- Check the chart in the provincial FCSS Outcomes Model (March 2012, page 8) to see if the indicators you identified for your program or project are listed;
- 3. If an indicator is listed, review the listing in the measures bank to determine if any of the measures or survey questions fit for your specific program or project;
- 4. Use any of the measures or survey questions that fit; and/or
- If there is no measure that fits, then modify one of the existing measures, use measures from other sources or create measures when needed.

Pre-post versus post-only testing:

(Adapted from The After School Initiative's Toolkit for Evaluating Positive Youth Development, The Colorado Trust, 2004; website: http://www.coloradotrust.org/attachments/0000/2849/ASIToolkitJun04.pdf)

The pre-post survey question asks participants to rate themselves on their current status. This rating is made twice – once at program start (pre-program) and once at program end (post-program). This method of questioning varies from the post-only question sets where participants are asked at program end to rate the amount of change they have made from program start to program end. An example question asked in each format is presented in the following table:

Pre-post test	Post-only test
Measure of positive attitudes toward others and the community:	
Administer at the beginning of the program or project:	
I feel a strong sense of community with the people on my block/in my neighbourhood.	
 Strongly disagree Disagree somewhat Disagree Agree somewhat Agree Strongly agree 	
Administer at the end of the program or project:	Administer at the end of the program or project:
I feel a strong sense of community with the people on my block/in my neighbourhood.	As a result of [insert name], I feel a stronger sense of community with the people on my block/in my neighbourhood.
 Strongly disagree Disagree somewhat Disagree Agree somewhat Agree Strongly agree 	 Strongly disagree Disagree somewhat Disagree Agree somewhat Agree Strongly agree
Analysis: Post-test rating is compared to the pre-test rating to see if any movement occurred.	

Pre-post testing is designed to measure change mathematically in knowledge, attitudes, values, skills, and/or behaviour experienced by people participating in the program or project. Post-only testing measures reported change in these same areas by participants. Pre-post testing is considered to be stronger methodologically.

Wording of measures:

Some of the measures listed provide options for the choice of wording. Here are some examples:

- [Insert name]: Fill in with the name of:
 - o the program, e.g., Home Support, Family School Liaison Program, etc.;
 - \circ the person, e.g., mentor, group leader, etc.; or
 - o the location, e.g., Youth Centre, Seniors' Centre, Community Resource Centre, etc.;
- [Insert population group]: Fill in with the name of the group you are interested in finding out about;
- [Insert type of abuse]: Fill in with the type of abuse you are interested in finding out about, e.g., physical abuse, emotional
 abuse, psychological abuse, financial abuse, child abuse, elder abuse, bullying, cyberbullying, workplace bullying, etc.);
- [Insert community social issue]: Fill in with the name of the specific community social issue you are interested in;
- My/this child: Parents, guardians, caregivers, and group leaders are surveyed instead of children under the age of 8 years
 of age. Younger children cannot answer survey questions reliably. Choose "my" for parents and guardians and "this"
 child for caregivers;
- Family/friends/neighbours: Choose based on which group(s) you want the person filling out the survey to think about when they respond;
- Child(ren)/spouse/partner/co-parent: Choose based on people you want the person filling out the survey to think about when they respond; and
- I am/ My organization: Choose based on whether you want an individual or organizational response to your survey
 question.

Scales:
The types of scales used in the measures bank are identified by these acronyms:
 A Sc: Agreement scale F Sc: Frequency scale Q Sc: Quantity scale FT Sc: False-True Scale
The full scales are shown below.
For children 12 – 18 years of age and adults, use the following scales:
Agreement scale:
16
Strongly Disagree Somewhat Somewhat Agree Strongly Disagree Agree Agree Agree
Frequency scale:
15
Never Almost Sometimes Fairly Very Never Often Often
Quantity scales:
When asking about a number of people:
1235 No one A few Some Quite a lot A lot
When asking about an amount:
15
None Very little Some Quite a lot A lot
False-True scale:
15 False Mostly false Sometimes false- Mostly true True Sometimes true
For children 8-12 years of age (These scales have a Y as part of the coding, e.g., Y A Sc):
Agreement scale (Y A Sc):
13
Not ReallyKind ofYes
Frequency scale (Y F Sc):
13 NeverSometimesMost of the time
Quantity scale (Y Q Sc):
When asking about a number of people:
1
When asking about an amount:
1234 NoneA littleSomeA lot
Reverse scales:
An "R" or the word "reverse" next to the identification of the scale means the scale is reversed, i.e., put in the reverse order. Fo example, an agreement scale would range from Strongly Agree to Strongly Disagree. There are very few of these.

Sources:

A "C" in the source column means the measure was created.

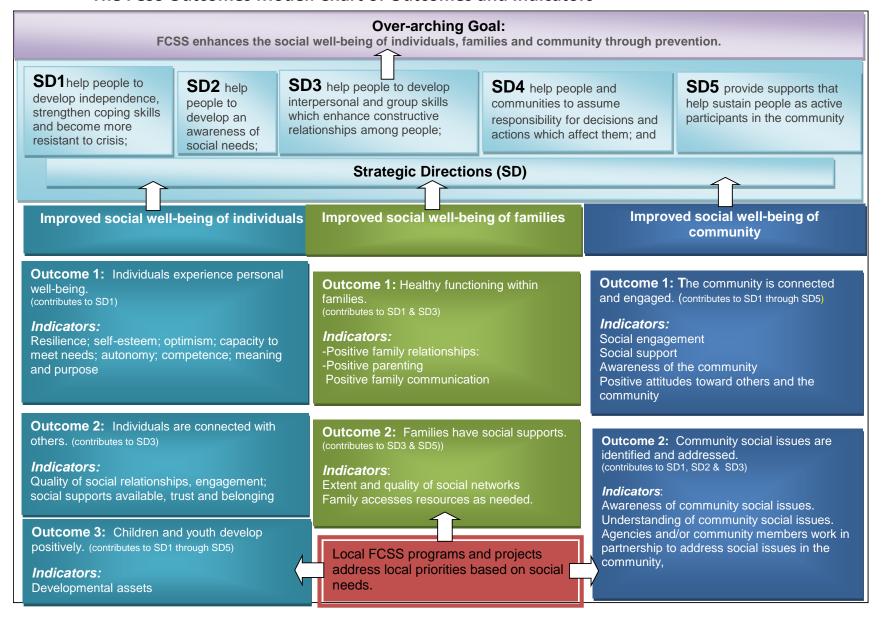
An "-m" in the source column means the measure was modified.

Here is a listing of the sources of the measures listed in the measures bank.

- ASIS: Airdrie Social Integration Scale
- BSCI: Brief Sense of Community Index
- CFCS: Canadian Financial Capability Survey
- CFCSS: Calgary FCSS
- CORI: Canadian Outcomes Research Institute
- CTK: Colorado Toolkit
- HHI: Herth Hope Index
- IFCSS: Irricana FCSS
- NAW: National Accounts of Well-being
- PLCUS: Parent Link Centre Upstart Survey
- RS-ES: Rosenberg Self-esteem Scale
- RVFCSS: Rocky View County FCSS
- TRS: The Resiliency Scale
- SC:C&Y1/SC:C&Y2: Statistics Canada National Longitudinal Survey of Children and Youth Cycle 8 Book1 and Book 2 SC:GSS: Statistics Canada General Social Survey 2008 SC:HA: Statistics Canada, Canadian Community Health Survey on Healthy Aging 2010

- SC:MH&D: Statistics Canada, Canadian Community Health Survey on Mental Health and Discrimination
- SC:NLKTY: Statistics Canada National Longitudinal Survey of Kindergarten Teachers and Youth 2002 & 2003 SC:NPHS: Statistics Canada National Population Health Survey
- SCS: City of Calgary Sense of Community Survey
- SEFCSS: South East Rocky View FCSS
- SI: Search Institute b & a
- SPSI: Social Problem-solving Inventory
- SRAS: Self-Reliance Achievement Scale
- WCFI: Wilder Collaboration Factors Inventory

The FCSS Outcomes Model: Chart of Outcomes and Indicators



Provincial FCSS Indicators with the Definitions

Improved social well-being of individuals

Outcome 1: Individuals experience personal well-being.

Resilience

The extent to which people are able to deal with life's difficulties.

Self-Esteem

The extent to which people feel good about themselves.

Optimism

 The extent to which people expect the best possible outcome from any given situation and are hopeful about their future.

Capacity to Meet Needs

Ability to meet needs is the extent to which people have the life skills to function in a positive manner.

Autonomy

The extent to which people feel free to do what they want and have the time to do it.

Competence

 The extent to which people feel accomplishment from what they do and are able to make use of their abilities.

Personal Engagement

How far people feel absorbed in what they do and that they have opportunities to learn.

Meaning and Purpose

• The extent to which people feel that what they do in life is valuable, worthwhile and valued by others.

Improved social well-being of individuals continued

Outcome 2: Individuals are connected with others.

Quality of Social Relationships

How people experience their connections with others and the strength of those relationships.

Social Supports Available

The extent to which people have the support of family, friends and others available to them.

Trust and Belonging

People's experiences of trusting other people, being treated fairly and respectfully by them, and feeling
a sense of belonging with and support from people.

Outcome 3: Children and youth develop positively.

Developmental Assets

The Search Institute lists 40 different Developmental Assets, each of which are a potential indicator for this outcome. Please visit www.search-institute.org/research/developmental-assets and click on "English" on the left hand side to download your age appropriate list of Development Assets.

Improved social well-being of families

Outcome 1: Healthy functioning within families

Positive Family Relationships

Family members have positive relationships.

- Parents have a positive relationship and support each other if applicable.
- Family members care about each other.
- Family members are safe from abuse, neglect and violence.

Positive Parenting

• Parent(s) use positive parenting with their children.

Positive Family Communication

• Family members communicate effectively and positively.

Outcome 2: Families have social supports.

Extent and Quality of Social Networks

Family has social networks to support them, e.g., extended family, friends and neighbours.

- The family can reach out and get support.
- Quality of close relationships: family, friends, neighbours, etc. For example: family feels close to them, family feels at ease with them, family can share freely with them, and family can ask them for help or a favour.

Family Accesses Resources as Needed

The family can access community resources when they need them.

Improved social well-being of community

Outcome 1: The community is connected and engaged.

Social Engagement

- A diverse range of activities individuals participate in for their own enjoyment or benefit or to provide benefit to others in the wider community.
- Informal and formal volunteering is an example.

Social Support

 The activities individuals undertake, within the context of social relationships, to share information, and provide emotional or physical support

Awareness of the Community

• Awareness of and use of programs and services available in the community.

Positive Attitude Toward Others and the Community

- How people feel, what they believe and what they value
- Trust
- Respect for diversity
- Supporting others and receiving support from them (Also see social engagement and social support)
- Sense of belonging to the community

Improved social well-being of community continued

Outcome 2: Community social issues are identified and addressed.

Awareness of Community Social Issues

Awareness of existing/emerging social issues

Understanding of Community Social Issues

• Understanding of existing/emerging social issues

Agencies and/or Community Members Work in Partnership to Address Social Issues in the Community

- Partnerships created to address priority social issues in the community.
- Levels of partnership:
- Communication
- Cooperation
- Coordination
- Collaboration

Individual Outcome #1: Individuals experience personal well-being.

Indicator - RESILIENCE: the extent to which people are able to deal with life's difficulties

Provincial	Priority	/ Measures
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#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PM1	My belief in myself gets me through hard times.	A Sc	TRS	PM1	I am better at getting through hard times because I	A Sc	TRS-m
1 101 1	wy benef in mysen gets me through hard times.			FIVII	believe in myself.	AJC	1110-111
PM2	I am good at handling whatever comes my way.	A Sc	СТК	PM2	I am better at handling whatever comes my way.	A Sc	СТК
3					I am more willing to try again if something I do		
PM3	If something does not work, I am willing to try again.	F Sc	SPSI-m	РМ3	doesn't work.	A Sc	SPSI-m
DMA	I have a second by a labor a second and a second a second and a second a second and	A Sc	С	PM4	I have some new information on how to better	A Sc	C
FIVI4	I know some healthy strategies to manage stress.	A SC			manage my stress.	A 30	U

#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source					
						As a result of [Insert name]							
1	I can be on my own if I have to.	A Sc	TRS		1	I have a greater belief that I will be o.k. on my own.	A Sc	TRS-m					
2	I take things one day at a time.	A Sc	TRS		2	I am better at taking things one day at a time.	A Sc	TRS-m					
3	I can get through difficult times because I've experienced difficulty before.	A Sc	TRS		3	I have a stronger belief that I can get through difficult times because I've experienced difficulty before.	A Sc	TRS-m					
4	I can usually look at a situation in a number of ways.	A Sc	TRS		4	I am better at seeing a situation in a number of ways.	A Sc	TRS-m					
5	I do not dwell on things that I can't do anything about.	A Sc	TRS		5	I am better at not dwelling on things I can't do anything about.	A Sc	TRS-m					
6	I can usually find something to laugh about.	A Sc	TRS		6	I am better at finding something to laugh about.	A Sc	TRS-m					
7	My belief in myself gets me through hard times.	A Sc	TRS		7	I am better at getting through hard times because I believe in myself.	A Sc	TRS-m					
8	I stand up for what I believe.	A Sc	PLCUS		8	I am better at standing up for what I believe.	A Sc	СТК					

9	I take responsibility for my actions.	A Sc	СТК	9	I am better at taking responsibility for my actions.	A Sc	CTK
10	I am good at handling whatever comes my way.	A Sc	СТК	10	I am better at handling whatever comes my way.	A Sc	СТК
11	I feel I have control over things that happen to me.	A Sc	СТК	11	I feel I have more control over things that happen to me.	A Sc	СТК
12	If something does not work, I am willing to try again.	F Sc	SPSI-m	12	I am more willing to try again if something I do doesn't work.	A Sc	SPSI-m
13	When my plan does not work, I redo it or make a new one.	F Sc	SPSI-m	13	I have learned that when my plan doesn't work, I can redo it or make a new one.	A Sc	SPSI-m
14	I am good at taking care of myself.	A Sc	С	14	I am better at taking care of myself.	A Sc	С
15	I am confident in my ability to overcome life's challenges.	A Sc	С	15	I am more confident in my ability to overcome life's challenges.	A Sc	С
16	I know how to maintain a healthy balance in my life.	A Sc	С	16	I have increased knowledge of how to maintain a healthy balance in my life.	A Sc	С
17	I can manage difficult situations.	A Sc	С	17	I am better at managing difficult situations.	A Sc	С
18	I am able to deal with my situation.	A Sc	CORI-m	18	I am better able to deal with my situation.	A Sc	CORI-m
19	I am able to speak up for what I need.	A Sc	PLCUS-m	19	I am better at speaking up for what I need.	A Sc	PLCUS-m
20	I know how to recognize when I am stressed.	A Sc	С	20	I am better able to recognize when I am stressed.	A Sc	С
21	I know some healthy strategies to manage stress.	A Sc	С	21	I have some new information on how to better manage my stress.	A Sc	С
22	I use healthy strategies to manage stress.	A Sc	С	22	I use more healthy strategies to manage stress.	A Sc	С
23	I am able to manage stress.	A Sc	PLCUS	23	I am better able to manage stress.	A Sc	PLCUS
24	I feel confident in my ability to live in my own home.	A Sc	С	24	I feel more confident in my ability to live in my own home.	A Sc	С

Individual Outcome #1: Individuals experience personal well-being.

Indicator – SELF-ESTEEM: the extent to which people feel good about themselves

Provincial Priority Measures	;
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#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PM1	In general I feel positive about myself.	A Sc	NAW	PM1	I feel more positive about myself.	A Sc	NAW-m
PM2	I feel confident enough to share my ideas and feelings with others.	F Sc	CFCSS	PM2	I feel more confident sharing my ideas and feelings with others.	A Sc	CFCSS-m
РМ3	I feel good about myself.	F Sc	СТК	РМ3	[Insert name] has helped me to feel good about myself.	A Sc	СТК
PM4	I feel good about myself because I help others.	F Sc	СТК	PM4	Helping others through [insert name] has helped me to feel good about myself.	A Sc	СТК
PM5	I feel important to my community.	F Sc	СТК	PM5	[Insert name] has helped me to feel important to my community.	A Sc	СТК
PM6	I have spent time trying to find out more about my ethnic group, such as its history, traditions, and customs.	A Sc	CFCSS	РМ6	I have learned more about my ethnic group, such as its history, traditions and customs.	A Sc	CFCSS-m
РМ7	I feel connected to my family's cultural traditions.	F Sc	СТК	РМ7	I feel more connected to my family's cultural traditions.	A Sc	СТК
PM8	I understand my ethnic background.	A Sc	С	PM8	I understand my ethnic background better.	A Sc	С

#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source						
						As a result of [Insert name]								
1	In general I feel positive about myself.	A Sc	NAW		1	I feel more positive about myself.	A Sc	NAW-m						
2	I feel that I have a number of good qualities.	A Sc	RS-ES		2	I realize that I have more good qualities than I thought.	A Sc	RS-ES-m						
3	I feel that I am a person of worth.	A Sc	RS-ES		3	[Insert name] has helped me realize I am a person of worth.	A Sc	RS-ES-m						
4	I have respect for myself.	A Sc	RS-ES		4	[Insert name] has helped me to have respect for myself.	A Sc	RS-ES-m						
5	I take a positive attitude toward myself.	A Sc	RS-ES		5	[Insert name] has helped me to take a positive attitude towards myself.	A Sc	RS-ES-m						

6	I feel I have a lot to be proud of.	A Sc	RS-ES-m	6	I realize that I have a lot to be proud of.	A Sc	RS-ES-m
7	I feel confident enough to share my ideas with others.	F Sc	CFCSS	7	I feel more confident sharing my ideas with others.	A Sc	CFCSS-m
8	I feel confident enough to share my feelings with others.	F Sc	CFCSS	8	I feel more confident sharing my feelings with others.	A Sc	CFCSS-m
9	I know it's o.k. to be different.	F Sc	CFCSS	9	[Insert name] has helped me to realize it is o.k. to be different.	A Sc	CFCSS-m
10	I feel proud that I have accomplished things in life.	A Sc	TRS	10	I am proud of what I accomplished at [insert name].	A Sc	TRS-m
11	I believe in myself.	A Sc	TRS	11	[Insert name] has helped me to believe in myself.	A Sc	TRS-m
12	I feel confident in my ability to	F Sc	С	12	I am more confident in my ability to	A Sc	С
13	I feel confident to be myself.	F Sc	С	13	I feel more confident to be myself.	A Sc	С
14	I am proud of who I am.	F Sc	С	14	I feel more proud of who I am.	A Sc	С
15	I like myself.	F Sc	С	15	I like myself more.	A Sc	С
16	I am confident I can deal with my current situation.	A Sc	CORI-m	16	I have more confidence to deal with my current situation.	A Sc	CORI-m
17	I feel good about myself.	F Sc	СТК	17	[Insert name] has helped me to feel good about myself.	A Sc	СТК
18	I feel good about myself because I help others.	F Sc	CTK	18	Helping others through [insert name] has helped me to feel good about myself.	A Sc	СТК
19	I feel good taking a leadership role.	F Sc	СТК	19	[Insert name] has helped me to feel good taking a leadership role.	A Sc	СТК
20	I feel important to my community.	F Sc	СТК	20	[Insert name] has helped me to feel important to my community.	A Sc	СТК
21	I can do things that I didn't think I could do.	A Sc	СТК	21	[Insert name] has helped me to realize I can do things I didn't think I could do.	A Sc	СТК
22	I have spent time trying to find out more about my ethnic group, such as its history, traditions, and customs.	A Sc	CFCSS	22	I have learned more about my ethnic group, such as its history, traditions and customs.	A Sc	CFCSS-m
23	I am interested in my own culture, race or ethnic group.	F Sc	СТК	23	I am more interested in my own culture, race or ethnic group.	A Sc	СТК
24	I feel connected to my family's cultural traditions.	F Sc	СТК	24	I feel more connected to my family's cultural traditions.	A Sc	СТК
25	I feel connected to my own culture, race or ethnic group.	F Sc	СТК	25	I feel more connected to my own culture, race or ethnic group.	A Sc	СТК
26	I feel pride for my own culture, race or ethnic group.	F Sc	СТК	26	I feel more pride in my own culture, race or ethnic group.	A Sc	СТК

27	I respect members of my own cultural, racial or ethnic group.	F Sc	CTK	27	I have more respect for members of my own community.	A Sc	СТК
28	I have a strong sense of belonging to my own ethnic group.	A Sc	CFCSS	28	I have a stronger sense of belonging to my own ethnic group.	A Sc	CFCSS-m
29	I understand my ethnic background.	A Sc	С	29	I understand my ethnic background better.	A Sc	С
30	I feel a strong attachment to my own ethnic group.	A Sc	CFCSS	30	I feel a stronger attachment to my own ethnic group.	A Sc	CFCSS-m

Individual Outcome #1: Individuals experience personal well-being.

Indicator - OPTIMISM: the extent to which people expect the best possible outcome from any given situation and are hopeful about their future.

	Provincial Priority Measures													
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source						
						As a result of [Insert name]								
РМ	1 I'm optimistic about my future.	A Sc	NAW-m		PM1	I'm more optimistic about my future.	A Sc	NAW-m						
РМ	2 I feel good about my future.	F Sc	СТК		PM2	[Insert name] has helped me to feel good about my future.	A Sc	СТК						
РМ	I believe I have the ability to improve my life.	A Sc	С		РМ3	[Insert name] has helped me to believe I have the ability to improve my life.	A Sc	С						

#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
1	I'm optimistic about my future.	A Sc	NAW-m	1	I'm more optimistic about my future.	A Sc	NAW-m
2	If something does not work, I am willing to try again.	F Sc	SPSI-m	2	I am more willing to try again if something I do doesn't work.	A Sc	SPSI-m
3	When my plan does not work, I redo it or make a new one.	F Sc	SPSI-m	3	I have learned that when my plan doesn't work, I can redo it or make a new one.	A Sc	SPSI-m
4	I am confident I can overcome life's challenges.	F Sc	С	4	I have greater confidence in my ability to overcome life's challenges.	A Sc	С
5	I feel good about my future.	F Sc	СТК	5	[Insert name] has helped me to feel good about my future.	A Sc	СТК
6	I think most things I do will turn out ok.	A Sc	С	6	[Insert name] has helped me to think that most things I do will turn out o.k.	A Sc	С
7	I believe I have the ability to improve my life.	A Sc	С	7	[Insert name] has helped me to believe I have the ability to improve my life.	A Sc	С
8	I know how to improve my life.	A Sc	С	8	[Insert name] has helped me to know how to improve my life.	A Sc	С

Individual Outcome #1: Individuals experience personal well-being.

	ndicator – CAPACITY TO MEET NEEDS: Abili	ty to moot	110000 10			it to miner people have the me chine to function in a pool	ive mai	
			Provincia	al P	riority	Measures		
Comm	nunication							
#	Pre/Post Measures	Scale	Source			Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM1	I am able to express my emotions constructively.	A Sc	С		PM1	I am better able to express my emotions constructively.	A Sc	С
PM2	I am able to address conflict constructively.	A Sc	С		PM2	I am better able to address conflict constructively.	A Sc	С
РМ3	I am able to speak up for what my family needs.	A Sc	PLCUS		PM3	I am better able to speak up for what my family needs.	A Sc	PLCUS-m
Health	ny Relationships							
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM4	I know how to get along with other people.	A Sc	CTK-m		PM4	I know more about how to get along with other people.	A Sc	CTK-m
PM5	I am able to make friends.	A Sc	CTK-m		PM5	I am better able to make friends.	A Sc	CTK-m
РМ6	I know how to set personal boundaries.	A Sc	SRAS-m		PM6	I know more about how to set personal boundaries.	A Sc	SRAS-m
Proble	em-Solving							
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
РМ7	I am able to solve problems.	A Sc	SPSI-m		PM7	I know more about how to solve problems.	A Sc	SPSI-m
Plann	ing							
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM8	I plan ahead.	F Sc	CTK-m		PM8	I plan ahead more often.	A Sc	CTK-m
РМ9	I know how to prepare for my future.	A Sc	IFCSS-m		РМ9	I know more about how to prepare for my future.	A Sc	IFCSS-m

Money	Management							
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM10	I know how to budget my money.	A Sc	С		PM10	I know more about how to budget my money.	A Sc	С
PM11	I know how to get by financially on my monthly income.	A Sc	CFCSS-m		PM11	I know more about how to get by financially on my monthly income.	A Sc	CFCSS-m
PM12	I am able to keep up with bills and commitments.	A Sc	CFCS-m		PM12	I am better able to keep up with bills and commitments.	A Sc	CFCS-m
Other .	Life Skills			-			•	
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM13	I work well with others on a team.	F Sc	СТК		PM13	I work better with others on a team.	A Sc	СТК
PM14	I take action towards improving my life.	F Sc	RVFCSS-m		PM14	I take action towards improving my life more often.	A Sc	RVFCSS-m
~			Ме	as	ures B	ank 		
	unication	Ι			,	h	T	Γ.
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures As a result of [Insert name]	Scale	Source
1	I know how to listen to other people.	A Sc	CTK-m		1	I know more about how to listen to other people.	A Sc	CTK-m
2	I am able to listen to other people.	A Sc	CTK-m		2	I am better able to listen to other people.	A Sc	CTK-m
3	I listen to other people.	F Sc	CTK-m		3	I listen to other people more often.	A Sc	CTK-m
4	I know how to tell others about my ideas.	A Sc	CTK-m		4	I know more about how to tell others my ideas.	A Sc	CTK-m
5	I am able to tell others about my ideas.	A Sc	CTK-m		5	I am better able to tell others about my ideas.	A Sc	CTK-m
6	I tell others about my ideas.	F Sc	CTK-m		6	I tell others about my ideas more often.	A Sc	CTK-m
7	I know how to tell others about my feelings.	A Sc	CTK-m		7	I know more about how to tell others about my feelings.	A Sc	CTK-m
8	I am able to tell others about my feelings.	A Sc	CTK-m		8	I am better able to tell others about my feelings.	A Sc	CTK-m
9	I tell others about my feelings.	F Sc	CTK-m		9	I tell others about my feelings more often.	A Sc	CTK-m
10	I know how to express my emotions constructively.	A Sc	С		10	I know more about how to express my emotions constructively.	A Sc	С

11	I am able to express my emotions constructively.	A Sc	С	11	I am better able to express my emotions constructively.	A Sc	С
12	I express my emotions constructively.	F Sc	С	12	I express my emotions constructively more often.	A Sc	С
13	I know how to address conflict constructively.	A Sc	С	13	I know more about how to address conflict constructively.	A Sc	С
14	I am able to address conflict constructively.	A Sc	С	14	I am better able to address conflict constructively.	A Sc	С
15	I address conflict constructively.	F Sc	С	15	I address conflict constructively more often.	A Sc	С
16	I know how to speak up for what my family needs.	A Sc	PLCUS	16	I know more about how to speak up for what my family needs.	A Sc	PLCUS-m
17	I am able to speak up for what my family needs.	A Sc	PLCUS	17	I am better able to speak up for what my family needs.	A Sc	PLCUS-m
18	I speak up for what my family needs.	F Sc	PLCUS	18	I speak up for what my family needs more often.	A Sc	PLCUS-m
Health	y Relationships						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
21	I know how to get along with other people.	A Sc	CTK-m	21	I know more about how to get along with other people.	A Sc	CTK-m
22	I am able to get along with other people.	A Sc	CTK-m	22	I am better able to get along with other people.	A Sc	CTK-m
23	I get along with other people.	F Sc	CTK-m	23	I get along with other people more often.	A Sc	CTK-m
24	I know how to make friends.	A Sc	CTK-m	24	I know more about how to make friends.	A Sc	CTK-m
25	I am able to make friends.	A Sc	CTK-m	25	I am better able to make friends.	A Sc	CTK-m
26	I make friends easily.	F Sc	CTK-m	26	I find it is easier to make friends.	A Sc	CTK-m
27	I know how to set personal boundaries.	A Sc	SRAS-m	27	I know more about how to set personal boundaries.	A Sc	SRAS-m
28	I am able to set personal boundaries.	A Sc	С	28	I am better able to set personal boundaries.	A Sc	С
29	I set personal boundaries.	F Sc	С	29	I set personal boundaries more often.	A Sc	С
Proble	m-Solving						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
31	I know how to solve problems.	A Sc	SPSI-m	31	I know more about how to solve problems.	A Sc	SPSI-m
32	I am able to solve problems.	A Sc	SPSI-m	32	I am better able to solve problems.	A Sc	SPSI-m

33	I solve problems easily.	F Sc	SPSI-m	33	I solve problems more easily.	A Sc	SPSI-m
34	I think of different solutions when faced with a problem.	F Sc	SPSI-m	34	I am more likely to think of different solutions when faced with a problem.	A Sc	SPSI-m
35	I keep trying to solve a problem even when the first attempt doesn't work out.	F Sc	SPSI-m	35	I am more likely to keep trying to solve a problem even when the first attempt doesn't work out.	A Sc	SPSI-m
Planni	ing						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
41	I know how to set goals.	A Sc	CTK-m	41	I know more about how to set goals.	A Sc	CTK-m
42	I am able to set goals.	A Sc	CTK-m	42	I am better able to set goals.	A Sc	CTK-m
43	I set goals.	F Sc	CTK-m	43	I set goals more often.	A Sc	CTK-m
44	I know how to plan ahead.	A Sc	CTK-m	44	I know more about how to plan ahead.	A Sc	CTK-m
45	I am able to plan ahead.	A Sc	CTK-m	45	I am better able to plan ahead.	A Sc	CTK-m
46	I plan ahead.	F Sc	CTK-m	46	I plan ahead more often.	A Sc	CTK-m
47	I know how to prepare for my future.	A Sc	IFCSS-m	47	I know more about how to prepare for my future.	A Sc	IFCSS-m
48	I am able to prepare for my future.	A Sc	IFCSS-m	48	I am better able to prepare for my future.	A Sc	IFCSS-m
49	I prepare for my future.	F Sc	IFCSS-m	49	I prepare for my future more often.	A Sc	IFCSS-m
Money	Management						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
51	I know how to budget my money.	A Sc	С	51	I know more about how to budget my money.	A Sc	С
52	I am able to budget my money.	A Sc	С	52	I am better able to budget my money.	A Sc	С
53	I budget my money.	F Sc	С	53	I budget my money more often.	A Sc	С
54	I know how to get by financially without any help from family and friends.	A Sc	CFCSS-m	54	I know more about how to get by financially without any help from family and friends.	A Sc	CFCSS-m
55	I am able to get by financially without any help from family and friends.	A Sc	CFCSS-m	55	I am better able to get by financially without any help from family and friends.	A Sc	CFCSS-m
56	I get by financially without any help from family and friends.	F Sc	CFCSS-m	56	I get by financially without any help from family and friends more often.	A Sc	CFCSS-m
57	I know how to get by financially on my monthly income.	A Sc	CFCSS-m	57	I know more about how to get by financially on my monthly income.	A Sc	CFCSS-m

I am able to get by financially on my monthly income.	A Sc	CFCSS-m		58	I am better able to get by financially on my monthly income.	A Sc	CFCSS-m
I get by financially on my monthly income.	F Sc	CFCSS-m		59	I get by financially on my monthly income more often.	A Sc	CFCSS-m
I know how to meet food and housing expenses each month.	A Sc	SRAS-m		60	I know more about how to meet food and housing expenses each month.	A Sc	SRAS-m
I am able to meet food and housing expenses each month.	A Sc	SRAS-m		61	I am better able to meet food and housing expenses each month.	A Sc	SRAS-m
I meet food and housing expenses each month.	F Sc	SRAS-m		62	I meet food and housing expenses each month more often.	A Sc	SRAS-m
I know how to keep up with bills and commitments.	A Sc	CFCS-m		63	I know more about how to keep up with bills and commitments.	A Sc	CFCS-m
I am able to keep up with bills and commitments.	A Sc	CFCS-m		64	I am better able to keep up with bills and commitments.	A Sc	CFCS-m
I keep up with bills and commitments.	F Sc	CFCS-m		65	I keep up with bills and commitments more often.	A Sc	CFCS-m
uter Skills							
Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
I am able to use (insert computer program/technology).	A Sc	С		71	I am better able to use (insert computer program/technology).	A Sc	С
I use (insert computer program/technology) easily.	F Sc	С		72	I use (insert computer program/technology) more easily.	A Sc	С
I keep myself safe when I use the internet/social media.	A Sc	С		73	I am better able to keep myself safe when I use the internet/social media.	A Sc	С
Life Skills							
Pre/Post Measures							
	Scale	Source		#	Post-Only Measures	Scale	Source
I know how to access reliable transportation that allows me to get where I need to be.		Source SC: NPHS-m		# 81	Post-Only Measures I know more about how to access reliable transportation that allows me to get where I need to be.	Scale A Sc	Source SC: NPHS-m
I know how to access reliable transportation that allows me	A Sc				I know more about how to access reliable transportation		
I know how to access reliable transportation that allows me to get where I need to be. I am able to access reliable transportation that allows me	A Sc A Sc	SC: NPHS-m		81	I know more about how to access reliable transportation that allows me to get where I need to be I am better able to access reliable transportation that	A Sc	SC: NPHS-m
I know how to access reliable transportation that allows me to get where I need to be. I am able to access reliable transportation that allows me to get where I need to be. I access reliable transportation that allows me to get where	A Sc A Sc	SC: NPHS-m		81 82	I know more about how to access reliable transportation that allows me to get where I need to be I am better able to access reliable transportation that allows me to get where I need to be I access reliable transportation that allows me to get	A Sc A Sc	SC: NPHS-m
I know how to access reliable transportation that allows me to get where I need to be. I am able to access reliable transportation that allows me to get where I need to be. I access reliable transportation that allows me to get where I need to be.	A Sc A Sc F Sc	SC: NPHS-m SC: NPHS-m SC: NPHS-m		81 82 83	I know more about how to access reliable transportation that allows me to get where I need to be I am better able to access reliable transportation that allows me to get where I need to be I access reliable transportation that allows me to get where I need to be more often I know more about how to maintain a clean and safe	A Sc A Sc	SC: NPHS-m SC: NPHS-m SC: NPHS-m
I know how to access reliable transportation that allows me to get where I need to be. I am able to access reliable transportation that allows me to get where I need to be. I access reliable transportation that allows me to get where I need to be. I know how to maintain a clean and safe home.	A Sc A Sc F Sc	SC: NPHS-m SC: NPHS-m C		81 82 83 84	I know more about how to access reliable transportation that allows me to get where I need to be I am better able to access reliable transportation that allows me to get where I need to be I access reliable transportation that allows me to get where I need to be more often I know more about how to maintain a clean and safe home.	A Sc A Sc A Sc	SC: NPHS-m SC: NPHS-m C
	I get by financially on my monthly income. I know how to meet food and housing expenses each month. I am able to meet food and housing expenses each month. I meet food and housing expenses each month. I know how to keep up with bills and commitments. I am able to keep up with bills and commitments. I keep up with bills and commitments. I keep up with bills and commitments. I tree Skills Pre/Post Measures I am able to use (insert computer program/technology). I use (insert computer program/technology) easily. I keep myself safe when I use the internet/social media. Life Skills	I get by financially on my monthly income. I know how to meet food and housing expenses each month. I am able to meet food and housing expenses each month. A Sc I meet food and housing expenses each month. F Sc I know how to keep up with bills and commitments. A Sc I am able to keep up with bills and commitments. A Sc I keep up with bills and commitments. F Sc I keep up with bills and commitments. F Sc I was (insert computer program/technology). A Sc I use (insert computer program/technology) easily. F Sc I keep myself safe when I use the internet/social media. A Sc	I get by financially on my monthly income. I know how to meet food and housing expenses each month. I am able to meet food and housing expenses each month. I meet food and housing expenses each month. I know how to keep up with bills and commitments. I know how to keep up with bills and commitments. A Sc CFCS-m I weep up with bills and commitments. F Sc CFCS-m I keep up with bills and commitments. F Sc CFCS-m I weep up with bills and commitments. F Sc CFCS-m I weep up with bills and commitments. F Sc CFCS-m I weep up with bills and commitments. F Sc CFCS-m I weep up with bills and commitments. F Sc CFCS-m I weep up with bills and commitments. F Sc CFCS-m I weep up with bills and commitments. F Sc CFCS-m I weep myself safe when I use the internet/social media. A Sc C	I get by financially on my monthly income. I know how to meet food and housing expenses each month. I am able to meet food and housing expenses each month. I meet food and housing expenses each month. I meet food and housing expenses each month. I know how to keep up with bills and commitments. I am able to keep up with bills and commitments. I keep up with bills and commitments. I keep up with bills and commitments. F sc CFCS-m I keep up with bills and commitments. F sc CFCS-m I was equipment to use (insert computer program/technology). I was (insert computer program/technology) easily. F sc C I keep myself safe when I use the internet/social media. A sc C	I get by financially on my monthly income. I know how to meet food and housing expenses each month. I am able to meet food and housing expenses each month. I meet food and housing expenses each month. I meet food and housing expenses each month. F Sc SRAS-m 61 I meet food and housing expenses each month. F Sc SRAS-m 62 I know how to keep up with bills and commitments. A Sc CFCS-m 63 I am able to keep up with bills and commitments. F Sc CFCS-m 65 A Sc CFCS-m 65	I get by financially on my monthly income. I get by financially on my monthly income. FSC CFCS-m 59 I get by financially on my monthly income more often. I know how to meet food and housing expenses each month. I am able to meet food and housing expenses each month. I know how to keep up with bills and commitments. I know how to keep up with bills and commitments. I am able to keep up with bills and commitments. I keep up with bills and commitments. I keep up with bills and commitments. I keep up with bills and commitments. FSC CFCS-m 65 I know more about how to keep up with bills and commitments. I keep up with bills and commitments. FSC CFCS-m 65 I know more about how to keep up with bills and commitments. I keep up with bills and commitments. FSC CFCS-m 65 I keep up with bills and commitments more often. **Text Skills** **Pre/Post Measures** I am able to use (insert computer program/technology). ASC C 71 program/technology). I use (insert computer program/technology) easily. FSC C 72 I am better able to keep myself safe when I use the internet/social media. ASC C 73 I am better able to keep myself safe when I use the internet/social media.	I get by financially on my monthly income. FSC CFCSS-m 59 income. I get by financially on my monthly income. FSC CFCSS-m 59 I get by financially on my monthly income more often. A Sc I know how to meet food and housing expenses each month. A Sc SRAS-m 60 expenses each month. A Sc SRAS-m 60 I know more about how to meet food and housing expenses each month. FSC SRAS-m 61 I am better able to meet food and housing expenses each month more often. A Sc I know how to keep up with bills and commitments. A Sc CFCS-m 63 I know more about how to keep up with bills and commitments. A Sc CFCS-m 63 I know more about how to keep up with bills and commitments. A Sc CFCS-m 63 I know more about how to keep up with bills and commitments. A Sc CFCS-m 64 I am better able to keep up with bills and commitments. A Sc CFCS-m 65 I know more about how to keep up with bills and commitments. A Sc CFCS-m 65 I know more about how to keep up with bills and commitments. A Sc CFCS-m 65 I know more about how to keep up with bills and commitments. A Sc CFCS-m 65 I know more about how to keep up with bills and commitments. A Sc CFCS-m 65 I know more about how to keep up with bills and commitments. A Sc CFCS-m 65 I know more about how to keep up with bills and commitments. A Sc CFCS-m 65 I know more about how to keep up with bills and commitments. A Sc CFCS-m 65 I know more about how to keep up with bills and commitments. A Sc CFCS-m 65 I am better able to keep up with bills and commitments. A Sc CFCS-m 65 I am better able to use (insert computer program/technology) as a Sc CFCS-m 65 I am better able to use (insert computer program/technology) more easily. A Sc CFCS-m 72 I am better able to keep myself safe when I use the internet/social media. A Sc CFCS-m 10 1 2 2 I am better able to keep myself safe when I use the internet/social media. A Sc CFCS-m 10 1 2 2 I am better able to keep myself safe when I

88	I am able to keep myself and my family safe.	A Sc	С	88	I am better able to keep myself and my family safe.	A Sc	С
89	I keep myself and my family safe.	F Sc	С	89	I keep myself and my family safe more often.	A Sc	С
90	I know how to respond in an emergency situation.	A Sc	С	90	I know more about how to respond in an emergency situation.	A Sc	С
91	I am able to respond in an emergency situation.	A Sc	С	91	I am better able to respond in an emergency situation.	A Sc	С
92	I respond effectively in an emergency situation.	F Sc	С	92	I respond more effectively in an emergency situation.	A Sc	С
93	I know how to access the community resources I need.	A Sc	С	93	I know more about how to access the community resources I need.	A Sc	С
94	I am able to access the community resources I need.	A Sc	С	94	I am better able to access the community resources I need.	A Sc	С
95	I access the community resources I need.	F Sc	С	95	I access the community resources I need more often.	A Sc	С
96	I know how to access the health professionals I need.	A Sc	С	96	I know more about how to access the health professionals I need.	A Sc	С
97	I am able to access the health professionals I need.	A Sc	С	97	I am better able to access the health professionals I need.	A Sc	С
98	I access the health professionals I need.	F Sc	С	98	I access the health professionals I need more often.	A Sc	С
99	I know how to work well with others on a team.	A Sc	CTK-m	99	I know more about how to work well with others on a team.	A Sc	CTK-m
100	I am able to work well with others on a team.	A Sc	CTK-m	100	I am better able to work well with others on a team.	A Sc	CTK-m
101	I work well with others on a team.	F Sc	СТК	101	I work better with others on a team.	A Sc	СТК
102	I know how to take action towards improving my life.	A Sc	RVFCSS-m	102	I know more about how to take action towards improving my life.	A Sc	RVFCSS-m
103	I am able to take action towards improving my life.	A Sc	RVFCSS-m	103	I am better able to take action towards improving my life.	A Sc	RVFCSS-m
104	I take action towards improving my life.	F Sc	RVFCSS-m	104	I take action towards improving my life more often.	A Sc	RVFCSS-m

Individual Outcome #1: Individuals experience personal well-being.

Indicator –AUTONOMY: the extent to which people feel free to do what they want and have the time to do it.

Provincial Priority Measures

#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PM1	I feel I am free to decide how to live my life.	A Sc	NAW	PM1	I feel more freedom to decide how to live my life.	A Sc	NAW-m
PM2	I feel I have control over things that happen to me.	A Sc	СТК	PM2	I feel that I have more control over things that happen to me.	A Sc	CTK-m
				РМ3	[Insert name] has contributed to my ability to remain in my home.	A Sc	С

#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
1	I feel I am free to decide how to live my life.	A Sc	NAW	1	I feel more freedom to decide how to live my life.	A Sc	NAW-m
2	In my daily life, I have time to do the things I really enjoy.	A Sc	NAW-m	2	I have been able to do more day to day things that I really enjoy.	A Sc	NAW-m
3	I feel I have control over things that happen to me.	A Sc	СТК	3	\dots I feel that I have more control over things that happen to me.	A Sc	CTK-m
4	I live my life the way I want to.	A Sc	С	4	I am better able to live my life the way I want to.	A Sc	С
5	I feel a sense of independence.	A Sc	С	5	I feel a greater sense of independence.	A Sc	С
				6	I am able to stay in my home.	A Sc	С

Individual Outcome #1: Individuals experience personal well-being.

	individual C	Jutcome #	1: inaivi	au	ais ex	rperience personal well-being.		
	Indicator- COMPETENCE: the extent to	which peopl	e feel acc	con	nplishn	nent from what they do and are able to make use of the	ir abilitie	es
G			Provincia	al P	riority	Measures		
	unication	Conta	S	1	1 и	Dood Only Manager	Coole	Ca
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
	I feel good about my ability to					As a result of [insert name], I feel better about my ability to		
PM1	listen to other people.	A Sc	CTK-m		PM1	listen to other people.	A Sc	CTK-m
PM2	tell others about my ideas and my feelings.	A Sc	CTK-m		PM2	tell others about my ideas and my feelings.	A Sc	CTK-m
РМ3	address conflict constructively.	A Sc	С		РМ3	address conflict constructively.	A Sc	С
PM4	speak up for what my family needs.	A Sc	PLCUS-m		PM4	speak up for what my family needs.	A Sc	PLCUS-m
Health	y Relationships							
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
	I feel good about my ability to					As a result of [insert name], I feel better about my ability to		
PM5	get along with other people.	A Sc	CTK-m		PM5	get along with other people.	A Sc	CTK-m
РМ6	make friends.	A Sc	CTK-m		PM6	make friends.	A Sc	CTK-m
PM7	set personal boundaries.	A Sc	SRAS-m		PM7	set personal boundaries.	A Sc	SRAS-m
Proble	m-Solving							
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
	I feel good about my ability to					As a result of [insert name], I feel better about my ability to		
PM8	solve problems.	A Sc	SPSI-m		PM8	solve problems.	A Sc	SPSI-m
Plann	ing							
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
	I feel good about my ability to					As a result of [insert name], I feel better about my ability to		
РМ9	plan ahead.	A Sc	CTK-m		РМ9	plan ahead.	A Sc	CTK-m

DM10	prepare for my future.	A Sc	IFCSS-m		DM10	prepare for my future.	A Sc	IFCSS-m
	Management	A 30	11 000 111		1 10110	prepare for my future.	ASC	11 000 111
_	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
	I feel good about my ability to					As a result of [insert name], I feel better about my ability to		
PM11	budget my money.	A Sc	С		PM11	budget my money.	A Sc	С
PM12	get by financially on my monthly income.	A Sc	CFCSS-m		PM12	get by financially on my monthly income.	A Sc	CFCSS-m
PM13	keep up with bills and commitments.	A Sc	CFCS-m		PM13	keep up with bills and commitments.	A Sc	CFCS-m
	Life Skills							
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
	I feel good about my ability to					As a result of [insert name], I feel better about my ability to		
PM14	take action towards improving my life.	A Sc	RVFCSS-m		PM14	take action towards improving my life.	A Sc	RVFCSS-m
PM15	overcome life's challenges.	A Sc	IFCSS-m		PM15	overcome life's challenges.	A Sc	IFCSS-m
			8.4					
<i>C</i>			IVIE	ası	ures Ba	апк		
	unication	Scale	Source	1	#	Doct Only Magazines	Scale	Source
#	Pre/Post Measures I feel good about my ability to	Scale	Source		#	Post-Only Measures As a result of [insert name], I feel better about my ability to	Scale	Source
1	listen to other people.	A Sc	CTK-m		1	listen to other people.	A Sc	CTK-m
2	tell others about my ideas.	A Sc	CTK-m		2	tell others about my ideas.	A Sc	CTK-m
3	tell others about my feelings.	A Sc	CTK-m		3	tell others about my feelings.	A Sc	CTK-m
4	address conflict constructively.	A Sc	С		4	address conflict constructively.	A Sc	С
5	speak up for what my family needs.	A Sc	PLCUS-m		5	speak up for what my family needs.	A Sc	PLCUS-m
Health	y Relationships							
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
	I feel good about my ability to					As a result of [insert name], I feel better about my ability to		
	get along with other people.	A Sc	CTK-m		21	get along with other people.	A Sc	CTK-m

23set personal boundaries. Asc SRAS-m Asc SRAS-m Asc SRAS-m Asc SRAS-m Asc SRAS-m Asc SRAS-m Asc C C Asc Department of the property of the	22	make friends.	A Sc	CTK-m	22	make friends.	A Sc	CTK-m
Pre/Post Measures Scale Source # Post-Only Measures Scale Source Free Post-Only Measures As a result of [insert name], I feel better about my ability to Free Post-Only Measures As a result of [insert name], I feel better about my ability to Free Post-Only Measures As a result of [insert name], I feel better about my ability to Free Post-Only Measures As a result of [insert name], I feel better about my ability to Free Post-Only Measures Post	23	set personal boundaries.	A Sc	SRAS-m	23	set personal boundaries.	A Sc	SRAS-m
# Pre/Post Measures Scale Source # Post-Only Measures Scale Scale Source # Post-Only Measures Scale Source # Post-Only Measures Scale Source # Post-Only Measures Scale Scale Source # Post-Only Measures Scale Source # Post-Only Measures Scale Source # Post-Only Measures Scale	24	create healthy relationships.	A Sc	С	24	create healthy relationships.	A Sc	С
# Pre/Post Measures Scale Source # Post-Only Measures Scale Scale Source # Post-Only Measures Scale Source # Post-Only Measures Scale Source # Post-Only Measures Scale Scale Source # Post-Only Measures Scale Source # Post-Only Measures Scale Source # Post-Only Measures Scale	Proble	em-Solving						
31solve problems. 32weigh and compare the consequences of various options when solving a problem. 33weigh and compare the consequences of various options when solving a problem. 34weigh and compare the consequences of various options when solving a problem. 35weigh and compare the consequences of various options when solving a problem. 36weigh and compare the consequences of various options when solving a problem. 37weigh and compare the consequences of various options when solving a problem. 38weigh and compare the consequences of various options when solving a problem. 39weigh and compare the consequences of various options when solving a problem. 30weigh and compare the consequences of various options when solving a problem. 30weigh and compare the consequences of various options when solving a problem. 30weigh and compare the consequences of various options when solving a problem. 31solve problems. 32weigh and compare the consequences of various options when solving a problem. 32weigh and compare the consequences of various options when solving a problem. 33think of different solutions when faced with a problem. 34not give up trying to solve a problem when the first attempt doesn't work out. 34not give up trying to solve a problem when the first attempt doesn't work out. 35solve a problem. 36or spSi-m 37mot give up trying to solve a problem when the first attempt doesn't work out. 36or spSi-m 37mot give up trying to solve a problem when the first attempt doesn't work out. 39mot give up trying to solve a problem when the first attempt doesn't work out. 30or spSi-m 31solve problem. 31or spSi-m 32mot give up trying to solve a problem when the first attempt doesn't work out. 31or spSi-m 32get goals. 33think of different solutions when faced with a problem. 34not give up trying to solve a problem when the first attempt doesn't work out. 34not give up trying to solve a problem when t			Scale	Source	#	Post-Only Measures	Scale	Source
weigh and compare the consequences of various options when solving a problem. Asc SPSI-m 32weigh and compare the consequences of various options when Asc SPSI-m 33think of different solutions when faced with a problem. Asc SPSI-m 33think of different solutions when faced with a problem. Asc SPSI-m 34mot give up trying to solve a problem when the first attempt doesn't work out. Asc SPSI-m 34mot give up trying to solve a problem when the first attempt doesn't work out. Planning # Pre/Post Measures		I feel good about my ability to				As a result of [insert name], I feel better about my ability to		
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34not give up trying to solve a problem when the first attempt doesn't work out. Panning Pre/Post Measures Scale Source # Post-Only Measures Asc Source Asc CTK-m	32	, ,	A Sc	SPSI-m	32		A Sc	SPSI-m
# Pre/Post Measures Scale Source # Post-Only Measures Asc Scale Source # Post-Only Measures Asc CTK-m Asc	33	think of different solutions when faced with a problem.	A Sc	SPSI-m	33	think of different solutions when faced with a problem.	A Sc	SPSI-m
# Pre/Post Measures	34		A Sc	SPSI-m	34		A Sc	SPSI-m
I feel good about my ability to As a result of [insert name], I feel better about my ability to	Plann	ing						
A Sc CTK-m 41set goals. A Sc CTK-m 42plan ahead. A Sc CTK-m 43prepare for my future. A Sc IFCSS-m 43prepare for my future. A Sc IFCSS-m 43prepare for my future. A Sc IFCSS-m 45prepare for my future. A Sc IFCSS-m 45get by financially on my monthly income. A Sc CFCSS-m 52get by financially on my monthly income. A Sc CFCSS-m 54 meet food and housing expenses each month. A Sc SRAS-m 54 meet food and housing expenses each month. A Sc SRAS-m	#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
42plan ahead. ASc CTK-m 42plan ahead. ASc CTK-m 43prepare for my future. ASc IFCSS-m 43prepare for my future. ASc IFCSS-m 43prepare for my future. ASc IFCSS-m Money Management # Pre/Post Measures Scale Source # Post-Only Measures Scale Source Ifeel good about my ability to ASc CFCSS-m ASc CFCSS-m Scale Source II feel good about my ability to ASc CFCSS-m Scale Source II feel good about my ability to ASc CFCSS-m Scale Source II feel good about my ability to ASc CFCSS-m Scale Source II feel good about my ability to ASc CFCSS-m Scale Source II feel good about my ability to ASc CFCSS-m Scale Source II feel good about my ability to II feel better about my ability to II feel better about my ability to II feel good about my ability to II feel better about my ability to II feel good about my abi		I feel good about my ability to				As a result of [insert name], I feel better about my ability to		
42 m-repare for my future. Asc IFCSS-m 43prepare for my future. Asc IFCSS-m 43prepare for my future. Asc IFCSS-m 43prepare for my future. Asc IFCSS-m 45prepare for my future. Asc IFCSS-m Asc IFCSS-m 45prepare for my future. Asc IFCSS-m 46prepare for my future. Asc IFCSS-m Asc I	41	set goals.	A Sc	CTK-m	41	set goals.	A Sc	CTK-m
# Pre/Post Measures Scale Source # Post-Only Measures Scale Source Fost-Only Measures Scale Source Fost-Only Measures Scale Source Fost-Only Measures Scale Source As a result of [insert name], I feel better about my ability to Fost-Only Measures Scale Source Fost-Only Measures Scale Source Fost-Only Measures Fost-O	42	plan ahead.	A Sc	CTK-m	42	plan ahead.	A Sc	CTK-m
# Pre/Post Measures Scale Source # Post-Only Measures Scale Source I feel good about my ability to 51budget my money. Asc C 51budget my money. Asc CFCSS-m 52get by financially without any help from family and friends. Asc CFCSS-m 53 get by financially on my monthly income. Asc CFCSS-m 54 meet food and housing expenses each month. Asc SRAS-m 54 meet food and housing expenses each month. Asc SRAS-m 54 meet food and housing expenses each month. Asc SRAS-m	43	prepare for my future.	A Sc	IFCSS-m	43	prepare for my future.	A Sc	IFCSS-m
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51budget my money. A Sc C 51budget my money. A Sc CFCSS-m 52get by financially without any help from family and friends. A Sc CFCSS-m 53 get by financially on my monthly income. A Sc CFCSS-m 53 get by financially on my monthly income. A Sc CFCSS-m 54 meet food and housing expenses each month. A Sc SRAS-m 54 meet food and housing expenses each month. A Sc SRAS-m 54 meet food and housing expenses each month. A Sc SRAS-m	#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
52get by financially without any help from family and friends. A Sc CFCSS-m 52get by financially without any help from family and friends. A Sc CFCSS-m 53 get by financially on my monthly income. A Sc CFCSS-m 54 meet food and housing expenses each month. A Sc SRAS-m 55 get by financially on my monthly income. A Sc CFCSS-m 56 meet food and housing expenses each month. A Sc SRAS-m		I feel good about my ability to				As a result of [insert name], I feel better about my ability to		
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54 meet food and housing expenses each month. A Sc SRAS-m 54 meet food and housing expenses each month. A Sc SRAS-m	52		A Sc	CFCSS-m	52	get by financially without any help from family and friends.	A Sc	CFCSS-m
	53	get by financially on my monthly income.	A Sc	CFCSS-m	53	get by financially on my monthly income.	A Sc	CFCSS-m
55keep up with bills and commitments. A Sc CFCS-m 55keep up with bills and commitments. A Sc CFCS-m	54	meet food and housing expenses each month.	A Sc	SRAS-m	54	meet food and housing expenses each month.	A Sc	SRAS-m
	55	keep up with bills and commitments.	A Sc	CFCS-m	55	keep up with bills and commitments.	A Sc	CFCS-m

Comp	uter Skills						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
	I feel good about my ability to				As a result of [insert name], I feel better about my ability to		
71	use (insert computer program/technology).	A Sc	С	71	use (insert computer program/technology).	A Sc	С
72	use the internet/social media safely.	A Sc	С	72	use the internet/social media safely.	A Sc	С
73	use the internet/social media to stay connected with my family and friends.	A Sc	С	73	use the internet/social media to stay connected with my family and friends.	A Sc	С
Other	Life Skills	-	•			-	-
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
	I feel good about my ability to				As a result of [insert name], I feel better about my ability to		
81	access reliable transportation that allows me to get where I need to be.	A Sc	SC: NPHS-m	81	access reliable transportation that allows me to get where I need to be.	A Sc	SC: NPHS-m
82	maintain a clean and safe home.	A Sc	С	82	maintain a clean and safe home.	A Sc	С
83	care for young children.	A Sc	С	83	care for young children.	A Sc	С
84	keep myself and my family safe.	A Sc	С	84	keep myself and my family safe.	A Sc	С
85	respond in an emergency situation.	A Sc	С	85	respond in an emergency situation.	A Sc	С
86	access the community resources I need.	A Sc	С	86	access the community resources I need.	A Sc	С
87	access the health care professionals I need.	A Sc	С	87	access the health care professionals I need.	A Sc	С
88	work well with others on a team.	A Sc	CTK-m	88	work well with others on a team.	A Sc	CTK-m
89	take action towards improving my life.	A Sc	RVFCSS-m	89	take action towards improving my life.	A Sc	RVFCSS-m
90	do about anything I really set my mind to.	A Sc	С	90	do about anything I really set my mind to.	A Sc	С
91	accomplish what I set out to do.	A Sc	С	91	accomplish what I set out to do.	A Sc	С
92	overcome life's challenges.	A Sc	IFCSS-m	92	overcome life's challenges.	A Sc	IFCSS-m

Individual Outcome #1: Individuals experience personal well-being.

Indicator – PERSONAL ENGAGEMENT: how far people feel absorbed in what they do and that they have opportunities to learn.

i rovinciai i riority measures	Provinc	ial Priorit	y Measures
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#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PN	//1 I get absorbed in what I am doing.	F Sc	NAW-m				
PN	The things I do every day are a source of great pleasure and satisfaction.	F Sc	SC:NPHS-m	PM2	I now get more pleasure and satisfaction from the things I do every day.	A Sc	SC:NPHS-m
PN	13 I keep interested in things.	A Sc	TRS	PM3	I have been able to do more things that interest me.	A Sc	TRS-m

#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
1	I get absorbed in what I am doing.	F Sc	NAW-m				
2	I get a chance to learn new things.	F Sc	NAW-m	2	I get more of a chance to learn new things.	A Sc	NAW-m
1 3	The things I do every day are a source of great pleasure and satisfaction.	F Sc	SC:NPHS-m	3	I now get more pleasure and satisfaction from the things I do every day.	A Sc	SC:NPHS-m
4	Keeping interested in things is important to me.	A Sc	TRS	4	\ldots . I know more about the importance of keeping interested in things that are important to me.	A Sc	TRS-m
5	I keep interested in things.	A Sc	TRS	5a	I have been able to do more things that interest me.	A Sc	TRS-m
				5b	I have been able to participate in more things that interest me.	A Sc	TRS-m

Individual Outcome #1: Individuals experience personal well-being.

Indicator - MEANING & PURPOSE: the extent to which people feel that what they do in life is valuable, worthwhile and valued by others

		P	rovincial	Pri	ority I	Measures		
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM1	I get the recognition I deserve for what I do.	F Sc	NAW-m		PM1	[Insert name] has helped me to feel recognized for what I do.	A Sc	С
PM2	I generally feel what I do in my life is valuable and worthwhile.	A Sc	NAW-m		PIVIZ	[Insert name] has helped me to feel what I do in my life is valuable and worthwhile.	A Sc	NAW-m
РМ3	I believe I make a difference when I volunteer.	A Sc	SEFCSS-m		РМ3	volunteering with [insert name], I believe I am making a difference.	A Sc	SEFCSS-m
PM4	I feel that I can make a difference.	F Sc	СТК		PM4	[Insert name] has helped me to feel that I can make a difference.	A Sc	СТК
					РМ5	being involved in [insert name], I make my community a better place.	A Sc	С

#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
1	I get the recognition I deserve for what I do.	F Sc	NAW-m	1a	At [insert name], I get the recognition I deserve for what I do.	A Sc	NAW-m
				1b	[Insert name] has helped me to feel recognized for what I do.	A Sc	С
2	I generally feel what I do in my life is valuable and worthwhile.	A Sc	NAW-m	2	[Insert name] has helped me to feel what I do in my life is valuable and worthwhile.	A Sc	NAW-m
3	I feel there is meaning in the things I do in my daily life.	F Sc	SC:NPHS-m	3	[Insert name] has helped me to feel there is meaning in the things I do in my daily life.	A Sc	SC:NPHS-m
4	My life has very clear goals and purpose.	A Sc	SC:NPHS-m	4	my life has clearer goals and purpose.	A Sc	SC:NPHS-m
5	I feel a sense of purpose in my life.	A Sc	С	5	[Insert name] has helped me to feel a sense of purpose in my life.	A Sc	С
6	I understand my life's meaning.	FT Sc	MLQ	6	[Insert name] has helped me to understand my life's meaning.	A Sc	MLQ-m
7	I believe I make a difference when I volunteer.	A Sc	SEFCSS-m	7	volunteering with [insert name], I believe I am making a difference.	A Sc	SEFCSS-m

8	I feel that I can make a difference.	F Sc	СТК	8	[Insert name] has helped me to feel that I can make a difference.	A Sc	СТК
9	I feel important to my community.	F Sc	CTK-m	9	[Insert name] has helped me to feel important to my community.	A Sc	CTK
10	I feel valued by my community.	F Sc	С	10	[Insert name] has helped me to feel valued by my community.	A Sc	С
				11	being involved in [insert name], I make my community a better place.	A Sc	С

Individual Outcome #2: Individuals are connected with others.

Indicator - QUALITY OF SOCIAL RELATIONSHIPS: How people experience their connections with others and the strength of those relationships

		Pr	ovincial F	Prio	rity N	Measures		
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM1	My relationship with (my family/my partner/my expartner/my friends/my coworkers/my neighbours) is enjoyable.	F Sc	NAW-m			my relationship with (my family/my partner/my expartner/my friends/my co-workers/my neighbours) is more enjoyable.	A Sc	NAW-m
PM2	I (meet/reconnect with/form new relationships with) people from my neighbourhood/community.	F Sc	С		PM2	I have (met/reconnected with/formed new relationships with) people from my neighbourhood/community.	A Sc	С
РМ3	I maintain my relationships with people from my neighbourhood/community.	F Sc	С		РМ3	I am better able to maintain relationships with people from my neighbourhood/community.	A Sc	С
PM4	I am connected to a group of people who share my beliefs and values.	A Sc	SC:C&Y1-m		PM4	I feel more connected to a group of people who share my beliefs and values.	A Sc	SC:C&Y1-m
PM5	I am connected with others in my neighbourhood/community.	A Sc	С		PM5	I am more connected with others in my neighbourhood/community.	A Sc	С

#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
1	My relationship with (my family/my partner/my expartner/my friends/my coworkers/my neighbours) is enjoyable.	F Sc	NAW-m		my relationship with (my family/my partner/my expartner/my friends/my co-workers/my neighbours) is more enjoyable.	A Sc	NAW-m
2	My relationship with (my family/my partner/my expartner/my friends/my coworkers/my neighbours) is stressful.	F Sc	NAW-m		I feel less stress in my relationship with (my family/my partner/my ex-partner/my friends/my co-workers/my neighbours).	A Sc	NAW-m
3	I understand the perspective of (family members/partner/ex-partner/friends/ coworkers/neighbours).	F Sc	С	3	I am better able to understand the perspective of (family members/partner/ ex-partner/friends/ coworkers/neighbours).	A Sc	С
4	I support (my family members/my friends/my neighbours) when they are in crisis.	F Sc	С	4	I am better able to support (my family members/my friends/ my neighbours) when they are in crisis.	A Sc	С

				5	The quality of my relationships has improved.	A Sc	С
6	I enjoy my relationships.	F Sc	С	6	I enjoy my relationships more.	A Sc	С
7	I understand what a healthy relationship looks like.	A Sc	С	7	I have a better understanding of what a healthy relationship looks like.	A Sc	С
8	I know what I can do to contribute to healthy relationships.	A Sc	С	8	I have a better understanding of what I can do to contribute to healthy relationships.	A Sc	С
9	I have a strong, healthy relationship with (my family/my partner/my ex-partner/my friends/my co-workers/my neighbours).	A Sc	С	9	I have a stronger, healthier relationship with (my family/my partner/my ex-partner/my friends/my co-workers/my neighbours).	A Sc	С
10	I am committed to building a stronger relationship with (my family/my partner/my ex-partner/my friends/my coworkers/my neighbours).	A Sc	С	10	I am more committed to building a stronger relationship with (my family/my partner/my ex-partner/my friends/my coworkers/my neighbours).	A Sc	С
11	I meet new people from my neighbourhood/community.	F Sc	С	11	I have met new people from my neighbourhood/community.	A Sc	С
12	I reconnect with people from my neighbourhood/community.	F Sc	С	12	I have reconnected with people from my neighbourhood/community.	A Sc	С
13	I form new relationships with people from my neighbourhood/community.	F Sc	С	13	I have formed new relationships with people from my neighbourhood/community.	A Sc	С
14	I maintain my relationships with people from my neighbourhood/community.	F Sc	С	14	I am better able to maintain relationships with people from my neighbourhood/community.	A Sc	С
15	I strengthen the relationships I have with people from my neighbourhood/community.	F Sc	С	15	I have been able to strengthen relationships I have with people from my neighbourhood/community.	A Sc	С
16	I visit with others frequently.	A Sc	С	16	I visit with others more often.	A Sc	С
17	I feel connected to (insert population group) in this neighbourhood/community.	A Sc	С	17	I feel more connected to (insert population group) in this neighbourhood/community.	A Sc	С
18	I am connected to other parents in my neighbourhood/community.	A Sc	С	18	I have made new connections with other parents in my neighbourhood/community.	A Sc	С
19	I make new friends in my neighbourhood/community.	A Sc	С	19	I have made new friends in my neighbourhood/community.	A Sc	С
20	I am connected to a group of people who share my beliefs and values.	A Sc	SC:C&Y1-m	20	I feel more connected to a group of people who share my beliefs and values.	A Sc	SC:C&Y1-m
21	I am connected with others in my neighbourhood/community.	A Sc	С	21	I am more connected with others in my neighbourhood/community.	A Sc	С
22	I feel isolated from others in my neighbourhood/community.	A Sc (R)	С	22	I feel less isolated from others in my neighbourhood/community.	A Sc	С

				23	[Insert name] has helped me to feel less lonely.	A Sc	С
24	As a result of volunteering, I make connections with other volunteers.	A Sc	С	24	As a result of volunteering, I made connections with other volunteers.	A Sc	С
25	As a result of volunteering, I get to know other volunteers.	A Sc	С	25	As a result of volunteering, I got to know other volunteers.	A Sc	С

Individual Outcome #2: Individuals are connected with others.

		F	Provincial	Priori	ty Measures		
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
				_	As a result of [Insert name]		
PM1	I have people in my life who really care about me.	A Sc	NAW-m	PM	1 I have more people in my life who really care about me.	A Sc	NAW-m
PM2	I know people I can rely on for help.	Q Sc	ННІ	PM	2 I know more people I can rely on for help.	A Sc	HHI-m
PM3	I feel supported by [insert individual/group/program].	A Sc	С	PM	3 program].	A Sc	С
PM4	I can rely on [insert name] for support and help.	Q Sc	С	PM	4 I know I can rely on [insert name] for support and help.	A Sc	С
			Меа	sures	Bank		
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
1	I have people in my life who really care about me.	A Sc	NAW-m	1a	I am more aware of the people in my life who really care about me.	A Sc	NAW-m
				1b	I have more people in my life who really care about me.	A Sc	NAW-m
	I have someone I can count on to listen to me when I need	F Sc	SC:NPHS	2a	I am more aware of people I can count on to listen to me when I need to talk.	A Sc	SC:NPHS
2	to talk.				I have more people I can count on to listen to me when I		
2	to talk.			2b	need to talk.	A Sc	SC:NPHS
3	I have someone to confide in or talk to about me and my problems.	F Sc	SC:NPHS	2b	need to talk.	A Sc A Sc	SC:NPHS

SC:NPHS-m

SC:NPHS

4a

5a

F Sc

F Sc

I have someone that I can relax with.

I have someone to help with daily tasks when I need it.

and my problems.

I need it.

.... I am more aware of people I can relax with.

..... I am more aware of people to help with daily tasks when

. . . . I have more people to to relax with.

SC:NPHS-m

SC:NPHS-m

SC:NPHS-m

A Sc

A Sc

				5b	I have more people to help with daily tasks when I need it.	A Sc	SC:NPHS-m
6	I have someone to turn to for suggestions about how to deal with a personal problem.	F Sc	SC:NPHS-m	6a	I am more aware of people I can turn to for suggestions about how to deal with a personal problem.	A Sc	SC:NPHS-m
				6b	I have more people I can turn to for suggestions about how to deal with a personal problem.	A Sc	SC:NPHS-m
7	I have someone to have fun with.	F Sc	SC:NPHS-m	7a	I am more aware of people to have fun with.	A Sc	SC:NPHS-m
				7b	I have more people to have fun with.	A Sc	SC:NPHS-m
8	I have someone who loves me and makes me feel wanted.	F Sc	SC:NPHS	8a	I am more aware of people who love me and make me feel wanted.	A Sc	SC:NPHS-m
				8b	I have more people who love me and make me feel wanted.	A Sc	SC:NPHS-m
9	I have people I can count on in an emergency.	F Sc	С	9a	I am more aware of people I can count on in an emergency.	A Sc	С
				9b	I have more people I can count on in an emergency.	A Sc	С
10	I have people that will help me when I need it.	F Sc	С	10a	I am more aware of people that will help me when I need it.	A Sc	С
				10b	I have more people that will help me when I need it.	A Sc	С
11	I know people I can trust.	Q Sc	ННІ	11	I know more people I can trust.	A Sc	HHI-m
12	I know people I can rely on for help.	Q Sc	ННІ	12	I know more people I can rely on for help.	A Sc	HHI-m
13	I know people who listen to me.	Q Sc	ННІ	13	I know more people who listen to me.	A Sc	HHI-m
14	I know people who understand me.	Q Sc	ННІ	14	I know more people who understand me.	A Sc	HHI-m
15	I meet with other people outside of my home.	Q Sc	ASIS-m	15	I meet with other people outside my home more often.	A Sc	ASIS-m
16	I feel supported by the women of my neighbourhood/community.	A Sc	С	16a	I feel more supported by the women of my neighbourhood/community.	A Sc	С
				16b	I felt supported by the women of my neighbourhood/community.	A Sc	С
17	I feel supported by members of this group.	A Sc	С	17a	I feel more supported by members of this group.	A Sc	С
				17b	I felt supported by members of this group.	A Sc	С
18	I feel supported by my neighbours.	A Sc	С	18a	I feel more supported by my neighbours.	A Sc	С

				18b	I felt supported by my neighbours.	A Sc	С
19	I get help from my family/friends/neighbours with things around my home (cooking, cleaning, shopping for them, gardening, maintenance, painting, shoveling snow or car repairs)	F Sc	SC:HA-m	19	I get more help from my family/friends/neighbours with things around my home (cooking, cleaning, shopping for them, gardening, maintenance, painting, shoveling snow or car repairs)	A Sc	SC:HA-m
	I get help from my family/friends/neighbours with paperwork (writing letters, doing taxes, filling out forms, banking, paying bills or finding information).	F Sc	SC:HA-m	20	I get more help from my family/friends/neighbours with paperwork (writing letters, doing taxes, filling out forms, banking, paying bills or finding information).	A Sc	SC:HA-m
	I get help from my family/friends/neighbours with my transportation needs (driving me to the store or to other appointments).	F Sc	SC:HA-m	21	I get more help from my family/friends/neighbours with my transportation needs (driving me to the store or to other appointments).	A Sc	SC:HA-m
	I get help from my family/friends/neighbours with personal support (emotional support, providing advice, visiting, unpaid babysitting).	F Sc	SC:HA-m	22	I get more help from my family/friends/neighbours with personal support (emotional support, providing advice, visiting, unpaid babysitting).	A Sc	SC:HA-m
				23	At today's event, I received help or support from someone. If yes, please check all the ways that you were helped or supported: 1) got information I needed; 2) got connected with resources I needed; 3) had someone listen to me; 4) someone offered to help me with things around my house; 5) someone offered to help me with transportation; 6) someone offered to help me with paperwork; 7) someone offered to provide me with support; and/or 8) Other, please explain	Yes No	С
24	I can rely on [insert name] for support and help.	Q Sc	С	24	I know I can rely on [insert name] for support and help.	A Sc	С

Individual Outcome #2: Individuals are connected with others.

Indicator – TRUST & BELONGING: people's experiences of trusting other people, being treated fairly and respectfully by them, and feeling a sense of belonging with and support from people

	belonging with and support from people										
Provincial Priority Measures											
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source			
						As a result of [Insert name]					
PM1	People in my neighbourhood/community help one another.	F Sc	NAW-m		PM1	people in my neighbourhood/community help one another more.	A Sc	NAW-m			
PM2	People treat me with respect.	F Sc	NAW-m		PM2	people treat me with more respect.	A Sc	NAW-m			
РМ3	I feel close to the people in my neighbourhood/community.	F Sc	NAW-m		РМ3	[Insert name] has helped me to feel close to the people in my neighbourhood/community.	A Sc	NAW-m			
PM4	I trust the people in my neighbourhood/community.	F Sc	SC:GSS-m		PM4	I trust the people in my neighbourhood/community more.	A Sc	SC:GSS-m			
PM5	I feel a sense of belonging to my neighbourhood/community.	F Sc	SC:MH&D-m		PM5	[Insert name] has helped me to feel a sense of belonging to my neighbourhood/community.	A Sc	SC:MH&D-m			
			Mea	su	res Ba	ank					
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source			
						As a result of [insert name],					
1	People in my neighbourhood/community help one another.	F Sc	NAW-m		1	people in my neighbourhood/community help one another more.	A Sc	NAW-m			
2	People treat me with respect.	F Sc	NAW-m		2	people treat me with more respect.	A Sc	NAW-m			
3	I feel close to the people in my neighbourhood/community.	F Sc	NAW-m		За	[Insert name] has helped me to feel close to the people in my neighbourhood/community.	A Sc	NAW-m			
					3b	I feel closer to the people in my neighbourhood/community.	A Sc	NAW-m			
4	People in my neighbourhood/community look out for each other.	F Sc	С		4	people in my neighbourhood/community look out for each other more often.	A Sc	С			
5	When I'm away from home, I know that my neighbours will keep their eyes open for possible trouble.	A Sc	SC:C&Y1								
6	I trust the people in my neighbourhood/community.	F Sc	SC:GSS-m		6a	[Insert name] has helped me to trust the people in my neighbourhood/community.	A Sc	SC:GSS-m			
					6b	I trust the people in my neighbourhood/community more.	A Sc	SC:GSS-m			

7	I feel a sense of belonging to my family.	F Sc	С	7	[Insert name] has helped me to feel a sense of belonging to my family.	A Sc	С
8	I feel a sense of belonging to my group of friends.	F Sc	С	Ö	[Insert name] has helped me to feel a sense of belonging to my group of friends.	A Sc	С
9	I feel a sense of belonging to my neighbourhood/community.	F Sc	SC:MH&D-m	9	[Insert name] has helped me to feel a sense of belonging to my neighbourhood/community.	A Sc	SC:MH&D-m
10	I know people I can trust.	Q Sc	ННІ	10	I know more people I can trust.	A Sc	HHI-m
11	I know people I can rely on for help.	Q Sc	ННІ	11	I know more people I can rely on for help.	A Sc	HHI-m

Family Outcome #1: Healthy functioning within families

Indicator – POSITIVE FAMILY RELATIONSHIPS: Family members have positive relationships.

Parents have a positive relationship and support each other if applicable.

Family members care about each other.

Family members are safe from abuse, neglect and violence.

			Provincia	I P	riority	Measures					
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source			
						As a result of [Insert name]					
PM1	My family shares meals together.	F Sc	SC:C&Y1-m		PM1	my family shares meals together more often.	A Sc	SC:C&Y1-m			
PM2	My family plays together.	F Sc	SC:C&Y1-m		PM2	my family plays together more often.	A Sc	SC:C&Y1-m			
РМ3	My family feels close to one another.	A Sc	С		РМ3	my family feels closer to one another.	A Sc	С			
PM4	In my family, we take the time to listen to each other.	A Sc	PLCUS-m		PM4	my family takes the time to listen to each other more often.	A Sc	PLCUS-m			
PM5	My family can turn to each other for support.	A Sc	SC:C&Y1-m		PM5	my family has gotten better at turning to each other for support.	A Sc	SC:C&Y1-m			
			Ме	ası	ures B	ank					
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source			
						As a result of [insert name],					
1	My family shares meals together.	F Sc	SC:C&Y1-m		1a	[Insert name] has helped me to understand the importance of my family eating meals together.	A Sc	SC:C&Y1-m			
					1b	my family shares meals together more often.	A Sc	SC:C&Y1-m			
2	My family plays together.	F Sc	SC:C&Y1-m		2a	[Insert name] has helped me to understand the importance of my family playing together.	A Sc	SC:C&Y1-m			
					2b	my family plays together more often.	A Sc	SC:C&Y1-m			
3	My family talks about things together.	F Sc	SC:C&Y1-m		3a	[Insert name] has helped me to understand the importance of my family talking about things together.	A Sc	SC:C&Y1-m			
					3b	my family talks about things together more often.	A Sc	SC:C&Y1-m			

4	My family does chores together.	F Sc	SC:C&Y1-m	4a	[Insert name] has helped me to understand the importance of my family doing chores together.	A Sc	SC:C&Y1-m
				4b	my family does chores together more often.	A Sc	SC:C&Y1-m
5	My family does projects together.	F Sc	SC:C&Y1-m	5a	[Insert name] has helped me to understand the importance of my family doing projects together.	A Sc	SC:C&Y1-m
				5b	my family does projects together more often.	A Sc	SC:C&Y1-m
6	My family goes on outings together.	F Sc	SC:C&Y1-m	6a	[Insert name] has helped me to understand the importance of my family going on outings together.	A Sc	SC:C&Y1-m
				6b	my family goes on outings together more often.	A Sc	SC:C&Y1-m
7	My family enjoys spending time together.	F Sc	С	7	my family enjoyed spending time together today.	A Sc	С
8	My family has fun together.	F Sc	С	8	my family had fun together at today's event.	A Sc	С
9	I have fun with my family.	F Sc	С	9	I had fun with my family today at [insert name].	A Sc	С
10	I have fun with my child(ren).	F Sc	С	10	I had fun with my child(ren) today at [insert name].	A Sc	С
11	I have fun with my parent(s)/sibling(s).	F Sc	С	11	I had fun with my parent(s)/sibling(s) today at [insert name].	A Sc	С
12	My family feels close to one another.	A Sc	С	12	my family feels closer to one another.	A Sc	С
13	In my family, we take the time to listen to each other.	A Sc	PLCUS-m	13	my family takes the time to listen to each other more often.	A Sc	PLCUS-m
14	I do things with my child to help him/her learn.	F Sc	PLCUS-m	14	I do things with my child to help him/her learn more often.	A Sc	PLCUS-m
15	I feel supported by my partner in my parenting (if you parent alone, please check "does not apply").	A Sc	PLCUS-m	15	I feel more supported by my partner in my parenting (if you parent alone, please check "does not apply").	A Sc	PLCUS-m
16	I am supportive of my partner in his/her parenting.	A Sc	С	16	I am more supportive of my partner in his/her parenting.	A Sc	С
17	My family can turn to each other for support.	A Sc	SC:C&Y1-m	17	my family has gotten better at turning to each other for support.	A Sc	SC:C&Y1-m
18	My family is able to make decisions together.	A Sc	SC:C&Y1-m	18	my family is better at making decisions together.	A Sc	SC:C&Y1-m
19	My family is able to solve problems together.	A Sc	SC:C&Y1-m	19	my family is better at solving problems together.	A Sc	SC:C&Y1-m
20	Individuals in my family are accepted for who they are.	A Sc	SC:C&Y1	20	my family is better at accepting one another for who they are.	A Sc	SC:C&Y1-m

21	Members of my family express feelings to each other.	A Sc	SC:C&Y1-m	21	my family is better at expressing feelings to each other.	A Sc	SC:C&Y1-m
22	Members of my family confide in each other.	A Sc	SC:C&Y1-m	22	my family confides in each other more often.	A Sc	SC:C&Y1-m
23	I feel connected to my family's cultural traditions.	F Sc	СТК	23	I feel more connected to my family's cultural traditions.	A Sc	CTK
24	I feel safe at home.	F Sc	С	24	I feel more safe at home.	A Sc	С
25	I understand what [insert type of abuse] is.	A Sc	С	25	I have a better understanding of what [insert type of abuse] is.	A Sc	С
26	I know what to do if I suspect abuse is happening.	A Sc	С	26	I know more about what to do if I suspect abuse is happening.	A Sc	С
	Child and Youth Questions						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
31	When my parents and I disagree, we work together to find a solution.	F Sc	SC:C&Y1-m	31	my parents and I work together more often to find solutions to things we disagree on.	A Sc	SC:C&Y1-m
32	My parents tell me I am appreciated.	F Sc	SC:C&Y1-m	32	my parents let me know that I am appreciated more often.	A Sc	SC:C&Y1-m
33	My parents take an interest in where I am going and who I am with.	F Sc	SC:C&Y1	33	my parents take more of an interest in where I am going and who I am with.	A Sc	SC:C&Y1-m

Family Outcome #1: Healthy functioning within families

Parent Questions # Pre/Post Measures I praise my child by saying something like "Good for you!" or "What a nice thing you did!" or "That's good going!" PM2 I am aware of how my child's needs change as he/she grows and develops. PM3 I know how to discipline my child(ren) without hitting or spanking. PM4 I make time to play or talk with my child(ren). PM5 I have confidence in my parenting skills.					use positive parenting with their children											
# Pre/Post Measures PM1 I praise my child by saying something like "Good for you!" or "What a nice thing you did!" or "That's good going!" PM2 I am aware of how my child's needs change as he/she grows and develops. PM3 I know how to discipline my child(ren) without hitting or spanking. PM4 I make time to play or talk with my child(ren).		Provincial	Pri													
# Pre/Post Measures PM1 I praise my child by saying something like "Good for you!" or "What a nice thing you did!" or "That's good going!" PM2 I am aware of how my child's needs change as he/she grows and develops. PM3 I know how to discipline my child(ren) without hitting or spanking. PM4 I make time to play or talk with my child(ren).		Provincial	Provincial Priority Measures													
# Pre/Post Measures PM1 I praise my child by saying something like "Good for you!" or "What a nice thing you did!" or "That's good going!" PM2 I am aware of how my child's needs change as he/she grows and develops. PM3 I know how to discipline my child(ren) without hitting or spanking. PM4 I make time to play or talk with my child(ren).		·														
PM1 I praise my child by saying something like "Good for you!" or "What a nice thing you did!" or "That's good going!" PM2 I am aware of how my child's needs change as he/she grows and develops. PM3 I know how to discipline my child(ren) without hitting or spanking. PM4 I make time to play or talk with my child(ren).																
or "What a nice thing you did!" or "That's good going!" PM2 I am aware of how my child's needs change as he/she grows and develops. PM3 I know how to discipline my child(ren) without hitting or spanking. PM4 I make time to play or talk with my child(ren).	Scale	Source		#	,	Scale	Source									
or "What a nice thing you did!" or "That's good going!" PM2 I am aware of how my child's needs change as he/she grows and develops. PM3 I know how to discipline my child(ren) without hitting or spanking. PM4 I make time to play or talk with my child(ren).					As a result of [Insert name]											
pm2 grows and develops. PM3 I know how to discipline my child(ren) without hitting or spanking. PM4 I make time to play or talk with my child(ren).	F Sc	SC:C&Y1-m		PM1	I praise my child more often.	A Sc	SC:C&Y1-m									
spanking. PM4 I make time to play or talk with my child(ren).	A Sc	С		PM2	I am more aware of how my child's needs change as he/she grows and develops.	A Sc	С									
	A Sc	PLCUS-m		РМ3	I know more about how to discipline my child(ren) without hitting or spanking.	A Sc	PLCUS-m									
PM5 I have confidence in my parenting skills.	F Sc	PLCUS-m		PM4	I make more time to play or talk with my child(ren).	A Sc	PLCUS-m									
	F Sc	PLCUS-m		PM5	I have more confidence in my parenting skills.	A Sc	PLCUS-m									
Child and Youth Questions																
# Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source									
					As a result of [Insert name]											
PM6 My parents listen to my ideas and opinions.	F Sc	SC:C&Y1-m		PM6	my parents listen more to my ideas and opinions.	A Sc	SC:C&Y1-m									
PM7 My parents let me know I am appreciated.	F Sc	SC:C&Y1-m		PM7	my parents let me know more that I am appreciated.	A Sc	SC:C&Y1-m									
PM8 My parents help me when I have problems.	F Sc	SC:C&Y1-m		PM8	my parents help me more when I have problems.	A Sc	SC:C&Y1-m									
		Меа	SUI	res Ba	ank											
Parent Questions	1															
# Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source									
			H		As a result of [insert name],											
I praise my child by saying something like "Good for you!" or "What a nice thing you did!" or "That's good going!"																

	My child and I talk with each other, focusing attention on each other for five minutes or more, just for fun.	F Sc	SC:C&Y1-m	2	I spend more time talking with my child, focusing attention on each other for five minutes or more, just for fun.	A Sc	SC:C&Y1-m
	My child and I play with each other, focusing attention on each other for five minutes or more, just for fun.	F Sc	SC:C&Y1-m	3	I spend more time playing with my child, focusing attention on each other for five minutes or more, just for fun.	A Sc	SC:C&Y1-m
4	My child(ren) and I laugh together.	F Sc	SC:C&Y1-m	4	my child(ren) and I laugh together more often.	A Sc	SC:C&Y1-m
5	I do something special with my child that the child enjoys.	F Sc	SC:C&Y1-m	5	I do something special with my child, that my child enjoys, more often.	A Sc	SC:C&Y1-m
6	I play sports, hobbies or games with my child.	F Sc	SC:C&Y1-m	6	I play sports, hobbies or games with my child more often.	A Sc	SC:C&Y1-m
7	I am aware of how children change as they learn and grow.	A Sc	PLCUS-m	7	I am more aware of how children change as they learn and grow.	A Sc	PLCUS-m
8	I am aware of how my child's needs change as he/she grows and develops.	A Sc	С	8	I am more aware of how my child's needs change as he/she grows and develops.	A Sc	С
9	When my child misbehaves, I talk calmly and respectfully with my child.	F Sc	SC:C&Y1-m	9	I talk more calmly and respectfully with my child when he/she misbehaves.	A Sc	SC:C&Y1-m
1()	When my child misbehaves, I talk with the child about acceptable ways of behaving.	F Sc	SC:C&Y1-m	10	I talk more with my child about acceptable ways of behaving when he/she misbehaves.	A Sc	SC:C&Y1-m
11	When I need to discipline my child, I take away privileges or use a time out.	F Sc	SC:C&Y1-m	11	when I need to discipline my child, I take away privileges or use a time out more often.	A Sc	SC:C&Y1-m
12	I know how to discipline my child(ren) without hitting or spanking.	A Sc	PLCUS-m	12	I know more about how to discipline my child(ren) without hitting or spanking.	A Sc	PLCUS-m
13	I know how to set clear limits for my child(ren).	A Sc	PLCUS-m	13	I know more about how to set clear limits for my child(ren).	A Sc	PLCUS-m
14	I set clear limits for my child(ren).	A Sc	С	14	I set clear limits for my child(ren) more often.	A Sc	С
15	I know how to set healthy boundaries for my child(ren).	A Sc	С	15	I know more about how to set healthy boundaries for my child(ren).	A Sc	С
16	I set healthy boundaries for my child(ren).	A Sc	С	16	I set healthy boundaries for my child(ren) more often.	A Sc	С
17	I make time to play or talk with my child(ren).	F Sc	PLCUS-m	17	I make more time to play or talk with my child(ren).	A Sc	PLCUS-m
18	I know how to keep my child(ren) healthy.	A Sc	PLCUS-m	18	I know more about how to keep my child(ren) healthy.	A Sc	PLCUS-m
19	I know how to keep my child(ren) safe.	A Sc	PLCUS-m	19	I know more how to keep my child(ren) safe.	A Sc	PLCUS-m
20	I know why it is important to read to my child(ren) every day.	A Sc	PLCUS-m	20	I know more about why it is important to read to my child(ren) every day.	A Sc	PLCUS-m
21	I know reading to or with my child can positively influence my child's development.	A Sc	С	21	I know more about how reading to or with my child can positively influence my child's development.	A Sc	С

				_				
22	I know how to handle the everyday challenges of things like sleep, toileting, food dislikes, etc.	A Sc	PLCUS-m		22	I know more about how to handle the everyday challenges of things like sleep, toileting, food dislikes, etc.	A Sc	PLCUS-m
23	I know how my relationship with my child(ren) impacts his or her development.	A Sc	PLCUS-m		23	I know more about how my relationship with my child impacts his or her development.	A Sc	PLCUS-m
24	I have confidence in my parenting skills.	F Sc	PLCUS-m		24	I have more confidence in my parenting skills.	A Sc	PLCUS-m
25	I feel positive in my role as a parent.	F Sc	PLCUS-m		25	I feel more positive in my role as a parent.	A Sc	PLCUS-m
26	I know ways to meet my family's needs with the money and resources that I have.	A Sc	PLCUS-m		26	I know more ways to meet my family's needs with the money and resources that I have.	A Sc	PLCUS-m
27	I can speak up for what my family and children need.	A Sc	PLCUS-m		27	I am better able to speak up for what my family and children need.	A Sc	PLCUS-m
28	As parents/guardians, we try to agree on parenting decisions.	F Sc	SC:C&Y1-m		28	we, as parents/guardians, try harder to agree on parenting decisions.	A Sc	SC:C&Y1-m
29	I encourage my child to do his/her best.	F Sc	С		29	I encourage my child to do his/her best more often.	A Sc	С
30	I help my child to do her/his best.	F Sc	С		30	I help my child to do her/his best more often.	A Sc	С
31	I help my child with his/her problems.	F Sc	С		31	I am better able to help my child with his/her problems.	A Sc	С
32	I help my child deal with his/her challenges.	F Sc	С		32	I am better able to help my child(ren) deal with his/her challenges.	A Sc	С
33	I talk with my child about the her/his friends.	F Sc	SC:C&Y1-m		33	I talk with my child about her/his friends more often.	A Sc	SC:C&Y1-m
34	I know my child's close friends by sight and name.	F Sc	SC:C&Y1-m		34	I know more of my child's close friends by sight and name.	A Sc	SC:C&Y1-m
35	I participate in activities at my child's school.	F Sc	SC:C&Y1-m		35	I participate more in activities at my child's school.	A Sc	SC:C&Y1-m
36	I talk with my child about school.	F Sc	SC:C&Y1-m		36	I talk with my child about school more often.	A Sc	SC:C&Y1-m
37	I encourage my child to do well at school.	F Sc	С		37	I encourage my child more often to do well at school.	A Sc	С
38	I help my child to do well at school.	F Sc	С		38	I help my child to do well at school more often.	A Sc	С
	Child and Youth Questions							
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
41	My parents praise me (say good things about me).	F Sc	SC:C&Y1-m		41	my parents praise me (say good things about me) more.	A Sc	SC:C&Y1-m
42	My parents listen to my ideas and opinions.	F Sc	SC:C&Y1-m		42	my parents listen more to my ideas and opinions.	A Sc	SC:C&Y1-m

40	When my parents and I disagree, we work together to find a solution.	F Sc	SC:C&Y1-m	43	\ldots my parents and I work together more to find solutions to things we disagree on.	A Sc	SC:C&Y1-m
44	My parents let me know I am appreciated.	F Sc	SC:C&Y1-m	44	my parents let me know more that I am appreciated.	A Sc	SC:C&Y1-m
4-	My parents take an interest in where I am going and who I am with.	F Sc	SC:C&Y1-m	45	\ldots . my parents take more of an interest in where I am going and who I am with.	A Sc	SC:C&Y1-m
46	My parents speak of the good things I do.	F Sc	SC:C&Y1-m	46	my parents speak more of the good things I do.	A Sc	SC:C&Y1-m
47	My parents seem proud of the things I do.	F Sc	SC:C&Y1-m	47	my parents seem more proud of the things I do.	A Sc	SC:C&Y1-m
40	My parents let me know how to get in touch with them when they are not at home.	F Sc	SC:C&Y1-m	48	my parents let me know more often how to get in touch with them when they are not at home.	A Sc	SC:C&Y1-m
49	My parents help me when I have problems.	F Sc	SC:C&Y1-m	49	my parents help me more when I have problems.	A Sc	SC:C&Y1-m
50	My parents help me when /if I have problems at school.	F Sc	SC:C&Y1-m	50	my parents help me more when/if I have problems at school.	A Sc	SC:C&Y1-m
51	If I have problems, my parents are willing to help.	F Sc	С	51	my parents are more willing to help me if I have problems.	A Sc	С
52	My parents encourage me to do my best.	F Sc	С	52	my parents encourage me more to do my best.	A Sc	С
53	My parents help me to do my best.	F Sc	С	53	my parents help me more to do my best.	A Sc	С
54	My parents encourage me to do well at school.	F Sc	SC:C&Y1-m	54	my parents encourage me more to do well at school.	A Sc	SC:C&Y1-m
55	My parents help me to do well at school.	F Sc	С	55	my parents help me more to do well at school.	A Sc	С
56	If I have problems at school, my parents are willing to help.	F Sc	SC:C&Y1-m	56	my parents are more willing to help me if I have problems at school.	A Sc	SC:C&Y1-m

	Family Outcome #1: Healthy functioning within families													
	Indicator – POSITIVE FAMILY CO	MMUN	VICATIO	۷:	Famil	y members communicate effectively and positively								
		P	Provincial	Pr	iority	Measures								
	Parent Questions	6	C		ш	Deat Only Managemen		C						
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures As a result of [Insert name]	Scale	Source						
PM1	When my child misbehaves, I talk calmly and respectfully with my child.	F Sc	SC:C&Y1-m		PM1	I talk more calmly and respectfully with my child when he/she misbehaves.	A Sc	SC:C&Y1-m						
PM2	Members of my family express feelings to each other.	A Sc	SC:C&Y1-m		PM2	members of my family are better at expressing feelings to each other.	A Sc	SC:C&Y1-m						
РМ3	I know how to talk with my child about sensitive issues.	A Sc	С		РМЗ	I know more about how to talk with my child about sensitive issues.	A Sc	С						
PM4	I am able to communicate effectively with my (child(ren)/spouse/partner/co-parent).	A Sc	С		PM4	I am better able to communicate effectively with my (child(ren)/spouse/partner/co-parent).	A Sc	С						
	Child and Youth Questions													
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source						
						As a result of [Insert name]								
PM5	My parents listen to my ideas and opinions.	F Sc	SC:C&Y1-m		PM5	my parents listen more to my ideas and opinions.	A Sc	SC:C&Y1-m						
			Меа	su	res B	ank								
	Parent Questions													
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source						
						As a result of [insert name],								
1	I praise my child by saying something like "Good for you!" or "What a nice thing you did!" or "That's good going!"	F Sc	SC:C&Y1-m		1	I praise my child more often.	A Sc	SC:C&Y1-m						
٠,	My child and I talk with each other, focusing attention on each other for five minutes or more, just for fun.	F Sc	SC:C&Y1-m		2	I spend more time talking with my child, focusing attention on each other for five minutes or more, just for fun.	A Sc	SC:C&Y1-m						
	My child and I play with each other, focusing attention on each other for five minutes or more, just for fun.	F Sc	SC:C&Y1-m		3	I spend more time playing with my child, focusing attention on each other for five minutes or more, just for fun.	A Sc	SC:C&Y1-m						
4	My child(ren) and I laugh together.	F Sc	SC:C&Y1-m		4	my child(ren) and I laugh together more often.	A Sc	SC:C&Y1-m						

5	When my child misbehaves, I talk calmly and respectfully with my child.	F Sc	SC:C&Y1-m	5	I talk more calmly and respectfully with my child when he/she misbehaves.	A Sc	SC:C&Y1-m
6	When my child misbehaves, I talk with him/her about acceptable ways of behaving.	F Sc	SC:C&Y1-m	6	I talk more with my child about acceptable ways of behaving when he/she misbehaves.	A Sc	SC:C&Y1-m
7	As (parents/guardians), we try to agree on parenting decisions.	F Sc	SC:C&Y1-m	7	we, as (parents/guardians), try harder to agree on parenting decisions.	A Sc	SC:C&Y1-m
8	My family takes the time to listen to each other.	F Sc	PLCUS-m	8	\ldots my family takes the time to listen to each other more often.	A Sc	PLCUS-m
9	Members of my family express feelings to each other.	A Sc	SC:C&Y1-m	9	members of my family are better at expressing feelings to each other.	A Sc	SC:C&Y1-m
10	My family is able to make decisions together.	A Sc	SC:C&Y1-m	10	my family is better at making decisions together.	A Sc	SC:C&Y1-m
11	My family is able to solve problems together.	A Sc	SC:C&Y1-m	11	my family is better at solving problems together.	A Sc	SC:C&Y1-m
12	I know how to talk with my child about sensitive issues.	A Sc	С	12	I know more about how to talk with my child about sensitive issues.	A Sc	С
13	I talk with my child about sensitive issues.	F Sc	С	13	I talk with my child about sensitive issues more often.	A Sc	С
14	My child and I talk about sensitive issues.	F Sc	С	14	my child and I are better at talking about sensitive issues.	A Sc	С
15	I know how to communicate effectively with my (child(ren)/spouse/partner/co-parent).	A Sc	С	15	I have more ideas about how to communicate effectively with my (child(ren)/spouse/partner/co-parent).	A Sc	С
16	I am able to communicate effectively with my (child(ren)/spouse/partner/co-parent).	A Sc	С	16	I am better able to communicate effectively with my (child(ren)/spouse/partner/co-parent).	A Sc	С
17	I communicate effectively with my (child(ren)/spouse/partner/co-parent).	F Sc	С	17	I am better at communicating effectively with my (child(ren)/spouse/partner/co-parent).	A Sc	С
	Child and Youth Questions						
#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
31	My parents praise me (say good things about me).	F Sc	SC:C&Y1-m	31	my parents praise me (say good things about me) more.	A Sc	SC:C&Y1-m
32	My parents listen to my ideas and opinions.	F Sc	SC:C&Y1-m	32	my parents listen more to my ideas and opinions.	A Sc	SC:C&Y1-m
33	My parents speak of the good things I do.	F Sc	SC:C&Y1-m	33	my parents speak more of the good things I do.	A Sc	SC:C&Y1-m
34	My parents seem proud of the things I do.	F Sc	SC:C&Y1-m	34	my parents seem more proud of the things I do.	A Sc	SC:C&Y1-m
35	My parents let me know how to get in touch with them when they are not at home.	F Sc	SC:C&Y1-m	35	my parents let me know more often how to get in touch with them when they are not at home.	A Sc	SC:C&Y1-m

Family Outcome #2: Families have social supports.

Indicator – EXTENT AND QUALITY OF SOCIAL NETWORKS: Family has social networks to support them, e.g., extended family, friends and neighbours. The family can reach out and get support.

Quality of close relationships: family, friends, neighbours, etc. For example: family feels close to them, family feels at ease with them, family can sk them for help or a favour.

		Pi	rovincial F	Pric	ority I	Measures		
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM1	I have family and friends who help me feel safe, secure and happy.	A Sc	SC:C&Y1		PM1	[Insert name] has helped me to realize my family and friends help me feel safe, secure and happy.	A Sc	SC:C&Y1-m
PM2	My family has someone we trust that we can turn to for advice.	A Sc	SC:C&Y1-m		PM2	my family has more people that we trust and can turn to for advice.	A Sc	SC:C&Y1-m
РМ3	My family is connected to a group of people who share our beliefs and values.	A Sc	SC:C&Y1-m		РМ3	my family is more connected to a group of people who share our beliefs and values.	A Sc	SC:C&Y1-m
PM4	My family has people we can count on to help us.	A Sc	С		PM4	my family has more people we can count on to help us.	A Sc	С
PM5	I know other parents in our neighbourhood/community that we can ask for help and support.	A Sc	С		PM5	I have met other parents in our neighbourhood/community we can ask for help and support.	A Sc	С

#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [insert name],		
1	I have family and friends who help me feel safe, secure and happy.	A Sc	SC:C&Y1	1	[Insert name] has helped me to realize my family and friends help me feel safe, secure and happy.	A Sc	SC:C&Y1-m
2	My family has someone we trust that we can turn to for advice.	A Sc	SC:C&Y1-m	2	my family has more people that we trust and can turn to for advice.	A Sc	SC:C&Y1-m
3	My family is connected to a group of people who share our beliefs and values.	A Sc	SC:C&Y1-m	3	my family is more connected to a group of people who share our beliefs and values.	A Sc	SC:C&Y1-m
4	My family has people we can count on to help us.	A Sc	С	4	my family has more people we can count on to help us.	A Sc	С
5	My family has people we can count on in an emergency.	A Sc	SC:C&Y1-m	5	my family has more people we can count on in an emergency.	A Sc	SC:C&Y1-m
6	I am connected to other parents in my neighbourhood/community.	A Sc	С	6	I have built connections with other parents in my neighbourhood/community.	A Sc	С

7	My family is friends with other families in my neighbourhood/community.	A Sc	С	7	my family has made friends with more families in my neighbourhood/community.	A Sc	С
8	I know other parents in our neighbourhood/community that we can ask for help and support.	A Sc	С	8	I have met other parents in our neighbourhood/community we can ask for help and support.	A Sc	С
9	I feel supported by the other parents in my neighbourhood/community.	A Sc	С	9	I feel more support from the other parents in our neighbourhood/community.	A Sc	С
10	My family is connected with other families in my neighbourhood/community.	A Sc	С	10	my family has made new connections with other families in my neighbourhood/community.	A Sc	С
				11	As a result of [insert name], my family has strengthened existing connections with other families.	A Sc	С

Family Outcome #2: Families have social supports.

Indicator – FAMILY ACCESSES RESOURCES AS NEEDED: The family can access community resources when they need them.

Provincial Priority Measure	es:
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#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM1	now what resources are available for my family. A Sc C		PM1	I have more information on what resources are available	A Sc	C		
FIVIT	i know what resources are available for my family.	A 3C	C		1 1011	for my family.	A 3C	C
PM2	I can access the resources available for my family when we	A Sc	C		DMC	I am better able to access the resources available for my	A Sc	C
FIVIZ	need them.	ASC	С		PIVIZ	family when we need them.	AJC	C
РМ3	I access the resources available for my family when	F Sc	C		PM3	I have been able to access more resources that are	A Sc	C
FIVIS	needed.	130	C		FIVIS	available for my family when needed.	AJC	C

ш	Pre/Post Measures	Scale	Source	-#	Doct Only Manageros	Caala	Source
#	Pre/Post Measures	Scale	Source		Post-Only Measures	Scale	Source
					As a result of [insert name],		
1	I know what resources are available for my family.	A Sc	С	1	I have more information on what resources are available for my family.	A Sc	С
2	I can access the resources available for my family when we need them.	A Sc	С	2	I am better able to access the resources available for my family when we need them.	A Sc	С
3	I access the resources available for my family when needed.	F Sc	С	3	I have been able to access more resources that are available for my family when needed.	A Sc	С
4	I know what parenting resources are available for my family.	A Sc	С	4	I have more information on what parenting resources are available for my family.	A Sc	С
5	I can access the parenting resources available for my family when we need them.	A Sc	С	5	I am better able to access the parenting resources available for my family when we need them.	A Sc	С
6	I access the parenting resources available for my family when we need them.	F Sc	С	6	I have been able to access more parenting resources that are available for my family when we need them.	A Sc	С
7	I know how to find accurate information on the internet.	A Sc	С	7	I know more about how to find accurate information on the internet.	A Sc	С
8	I know how to keep myself safe when using the internet/social media.	A Sc	С	8	I know more about how to keep myself safe when using the internet/social media.	A Sc	С

Community Outcome # 1: The community is connected and engaged.

Indicator – SOCIAL ENGAGEMENT: A diverse range of activities individuals participate in for their own enjoyment or benefit or to provide benefit to others in the wider community. Informal and formal volunteering is an example.

		ı	Provincial I	Pri	ority I	Measures		
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM1	I know what is happening in my neighbourhood/community.	A Sc	С			[Insert name] has helped me to know what is happening in my neighbourhood/community.	A Sc	С
PIVIZ	I feel a sense of belonging to my neighbourhood/community.	F Sc	SC:MH&D-m		PIVIZ	[Insert name] has helped me to feel a sense of belonging to my neighbourhood/community.	A Sc	SC:MH&D-m
PIVIS	People in my neighbourhood/community are willing to help their neighbours.	A Sc	SC:C&Y1-m		РМ3	people in my neighbourhood/community are more willing to help their neighbours.	A Sc	SC:C&Y1-m
PIVI4	I get involved in neighbourhood/community events or activities.	F Sc	SCS		PIMA	[Insert name] helps me to get involved in neighbourhood/community events or activities.	A Sc	SCS-m
PM5	I help out in my neighbourhood/community by volunteering.	F Sc	SCS-m		PM5	I help out more in my neighbourhood/community by volunteering.	A Sc	SCS-m

#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [insert name],		
1	I am able to connect with my friends here.	A Sc	С	1	[Insert name] helps me stay connected with my friends.	A Sc	С
	I know where I can connect with others in my neighbourhood/community.	A Sc	С	2	I know more about where I can connect with others in my neighbourhood/community.	A Sc	С
	I stay connected with others in my neighbourhood/community.	A Sc	С	3	I am better able to stay connected with others in my neighbourhood/community.	A Sc	С
4	I know what is happening in my neighbourhood/community.	A Sc	С	4	[Insert name] has helped me to know what is happening in my neighbourhood/community.	A Sc	С
5	I feel connected to my neighbourhood/community.	A Sc	С	5	[Insert name] helps me to feel connected to my neighbourhood/community.	A Sc	С
6	I feel welcome at [insert name].	A Sc	С	6	I feel more welcome at [insert name].	A Sc	С
7	I feel welcome in my neighbourhood/community.	A Sc	С	7	[Insert name] helped me to feel welcome in my neighbourhood/community.	A Sc	С
8	I am comfortable attending events at [insert name].	A Sc	С				

9	I express my ideas about activities at [insert name].	A Sc	С					
10	I take responsibility for some of the activities at [insert name].	A Sc	С					
11	I feel like I belong at [insert name].	A Sc	С					
12	I am active in my neighbourhood/community.	A Sc	С		12	[Insert name] helps me to be active in my neighbourhood/community.	A Sc	С
13	I am connected with others in my neighbourhood/community.	A Sc	С		13	I am more connected with others in my neighbourhood/community.	A Sc	С
14	I feel a sense of belonging to my neighbourhood/community.	F Sc	SC:MH&D-m		14	[Insert name] has helped me to feel a sense of belonging to my neighbourhood/community.	A Sc	SC:MH&D-m
15	I feel isolated from others in my neighbourhood/community.	A Sc (R)	С		15	I feel less isolated from others in my neighbourhood/community.	A Sc	С
16	People in my neighbourhood/community are willing to help their neighbours.	A Sc	SC:C&Y1-m		16	people in my neighbourhood/community are more willing to help their neighbours.	A Sc	SC:C&Y1-m
17	I am interested in my neighbourhood/community.	A Sc	CTK-m		17	I am more interested in my (neighbourhood/community).	A Sc	CTK-m
18	I am interested in getting involved in my neighbourhood/community.	A Sc	С		18	I am more interested in getting involved in my neighbourhood/community.	A Sc	С
19	I make a contribution to my neighbourhood/community.	A Sc	С		19	[Insert name] helps me to make a contribution to my neighbourhood/community.	A Sc	С
20	I believe it is important to get involved in my neighbourhood/community.	A Sc	С		20	[Insert name] helped me to believe it is important to get involved in my neighbourhood/community.	A Sc	С
21	I get involved in neighbourhood/community events or activities.	F Sc	SCS		21	[Insert name] helps me to get involved in neighbourhood/community events or activities.	A Sc	SCS-m
	My neighbourhood/community has lots of opportunities to get involved in community life.	A Sc	С		22	I realize my neighbourhood/community has lots of opportunities to get involved in community life.	A Sc	С
23	My neighbourhood/community has an active community life.	A Sc	С		23	I realize my neighbourhood/community has an active community life.	A Sc	С
24	I know how to get involved in community life.	A Sc	С		24	I know more about how to get involved in community life.	A Sc	С
25	I help my neighbourhood/community organize community events.	F Sc	С		25	I help my (neighbourhood/ community) organize community events more often.	A Sc	С
26	I know where I can volunteer in my neighbourhood/community.	A Sc	С		26	I know more about where I can volunteer in my neighbourhood/community.	A Sc	С
27	I recognize the importance of volunteering.	A Sc	С		27	I am more aware of the importance of volunteering.	A Sc	С
28	I believe volunteering is vital to the community.	A Sc	С		28	[Insert name] helped me to believe volunteering is vital to the community.	A Sc	С
		_		_			_	

				_				
29	I am aware of the value of volunteering.	A Sc	С		29	I am more aware of the value of volunteering.	A Sc	С
30	My volunteering makes a positive difference in my neighbourhood/community.	A Sc	С		30	I am more aware that my volunteering makes a positive difference in my neighbourhood/community.	A Sc	С
31	I help out in my neighbourhood/community by volunteering.	F Sc	SCS-m		31	I help out more in my neighbourhood/community by volunteering.	A Sc	SCS-m
32	I believe I make my neighbourhood/community a better place to live by volunteering.	A Sc	С		32	[Insert name] helped me to believe I make my neighbourhood/community a better place by volunteering.	A Sc	С
33	I understand the value of volunteerism in the community.	A Sc	С		33	I have a better understanding of the value of volunteerism in the community.	A Sc	С
34	As a result of volunteering, I feel connected to my neighbourhood/community.	A Sc	С		34	As a result of volunteering, I feel more connected to my neighbourhood/community.	A Sc	С
35	As a result of, I am involved in my neighbourhood/community.	A Sc	С		35	As a result of, I am more involved in my neighbourhood/community.	A Sc	С
36	As a result of volunteering for, I am interested in volunteering in other ways.	A Sc	С		36	As a result of volunteering for, I am more interested in volunteering in other ways.	A Sc	С
37	I have a great appreciation for the volunteers in my neighbourhood/community.	A Sc	С		37	I have a greater appreciation for the volunteers in my neighbourhood/community.	A Sc	С
38	I am/my organization is knowledgeable about volunteer management.	A Sc	С		38	I have/my organization has more knowledge about volunteer management.	A Sc	С
39	I feel I have influence over what happens in my community.	A Sc	С		39	I feel I have more influence over what happens in my community.	A Sc	С
40	I have meaningful participation in municipal/civic processes, projects and/or decisions.	A Sc	С		40	I am better able to participate meaningfully in municipal/civic processes, projects and/or decisions.	A Sc	С
41	I make informed decisions when I vote in the [municipal/provincial/federal] election.	A Sc	С		41	I am better prepared to make informed decisions when I vote in the [municipal/provincial/federal] election.	A Sc	С
42	I believe I have a duty to vote in [municipal/provincial/federal] elections.	A Sc	SC:NLSCY-m		42	I now have a belief that I have a duty to vote in [municipal/provincial/federal] elections.	A Sc	SC:NLSCY-m

Community Outcome # 1: The community is connected and engaged.

Indicator – SOCIAL SUPPORT: The activities individuals undertake, within the context of social relationships, to share information, and provide emotional or physical support.

Provincial Priority Measu	ıres
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#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PM1	I tell others about events, activities and resources in my (neighbourhood/community).	F Sc	С	PM1	I was able to tell others about events, activities and resources in my (neighbourhood/community).	A Sc	С
PM2	I provide support to others.	F Sc	С	PM2	I provided support to another person.	A Sc	С
РМЗ	I connect people with things they need.	F Sc	С	РМ3	I was able to connect another person with something they needed.	A Sc	С
PM4	I help other people in my (neighbourhood/community).	F Sc	С	PM4	I was able to help other people in my (neighbourhood/community).	A Sc	С

#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [insert name],		
1	I tell others about events, activities and resources in my (neighbourhood/community).	F Sc	С	1	I was able to tell others about events, activities and resources in my (neighbourhood/community).	A Sc	С
2	I provide support to others.	F Sc	С	2	I provided support to another person.	A Sc	С
3	I listen when someone needs to talk.	F Sc	С	3	I listened to someone who needed to talk.	A Sc	С
4	I connect people with things they need.	F Sc	С	4	I was able to connect another person with something they needed.	A Sc	С
5	I help other people.	F Sc	С	5	I was able to help someone.	A Sc	С
6	I know how to help other people in my (neighbourhood/community).	A Sc	С	6	I found out how to help other people in my (neighbourhood/community).	A Sc	С
7	I help other people in my (neighbourhood/community).	F Sc	С	7	I was able to help other people in my (neighbourhood/community).	A Sc	С
8	I help other people in my (neighbourhood/community) with things around their homes (cooking, cleaning, shopping for them, gardening, maintenance, painting, shoveling snow or car repairs).	F Sc	SC:HA-m	8a	I found out about opportunities to help other people in my (neighbourhood/community) with things around their homes (cooking, cleaning, shopping for them, gardening, maintenance, painting, shoveling snow or car repairs).	A Sc	SC:HA-m

				8b	I was able to help other people in my (neighbourhood/community) with things around their homes (cooking, cleaning, shopping for them, gardening, maintenance, painting, shoveling snow or car repairs).	A Sc	SC:HA-m
9	I help other people in my (neighbourhood/community) with paperwork (writing letters, doing taxes, filling out forms, banking, paying bills or finding information).	F Sc	SC:HA-m	9a	I found out about opportunities to help other people in my (neighbourhood/community) with paperwork (writing letters, doing taxes, filling out forms, banking, paying bills or finding information).	A Sc	SC:HA-m
				9b	I was able to help other people in my (neighbourhood/community) with paperwork (writing letters, doing taxes, filling out forms, banking, paying bills or finding information).	A Sc	SC:HA-m
10	I help other people in my (neighbourhood/community) with their transportation needs (driving them to the store or to any other appointments).	F Sc	SC:HA-m	10a	I found out about opportunities to help other people in my (neighbourhood/community) with their transportation needs (driving them to the store or to any other appointments).	A Sc	SC:HA-m
				10k	I was able to help other people in my (neighbourhood/community) with their transportation needs (driving them to the store or to any other appointments).	A Sc	SC:HA-m
11	I help other people in my (neighbourhood/community) with personal support (emotional support, providing advice, visiting, unpaid babysitting).	F Sc	SC:HA-m	11a	I found out about opportunities to help other people in my (neighbourhood/community) with personal support (emotional support, counseling, providing advice, visiting, unpaid babysitting).	A Sc	SC:HA-m
				11k	I was able to help other people in my (neighbourhood/community) with personal support (emotional support, providing advice, visiting, unpaid babysitting).	A Sc	SC:HA-m

Community Outcome # 1: The community is connected and engaged.

Indicator - AWARENESS OF COMMUNITY: Awareness of and use of programs and services available in the community.

Provincial Priority Measures

#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PM1	I know how to access the community resources I need.	A Sc	С	PM1	I know more about how to access the community resources I need.	A Sc	С
PM2	I am aware of what is happening in my community.	A Sc	С	PM2	I am more aware of what is happening in my community.	A Sc	С

#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [insert name],		
1	I am aware of the resources and supports available in my community.	A Sc	С	1	\ldots . I am more aware of the resources and supports available in my community.	A Sc	С
2	I know how to access the community resources I need.	A Sc	С	2	I know more about how to access the community resources I need.	A Sc	С
3	I am able to access the community resources I need.	A Sc	С	3	I am better able to access the community resources I need.	A Sc	С
4	I access the community resources I need.	A Sc	С	4	I access the community resources I need, more often.	A Sc	С
5	I am aware of [insert topic] in my community.	A Sc	С	5	I am more aware of [insert topic] in my community.	A Sc	С
6	I am aware of what is happening in my community.	A Sc	С	6	I am more aware of what is happening in my community.	A Sc	С
7	I know where to get help when I need it.	A Sc	С	7	I know more about where to get help when I need it.	A Sc	С

Community Outcome # 1: The community is connected and engaged.

Indicator – POSITIVE ATTITUDE TOWARDS OTHERS AND THE COMMUNITY: How people feel, what they believe and what they value: Trust; Respect for diversity; Supporting others and receiving support from them*; Sense of belonging to the community * Also see social engagement and social support

		Pi	rovincial l	Pric	ority	Measures		
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM1	I trust people in my neighbourhood.	A Sc	SC:GSS-m		PM1	I am more trusting of people in my neighbourhood.	A Sc	SC:GSS-m
PM2	I feel a strong sense of community with the people on my block/in my neighbourhood.	A Sc	BSCI		PM2	I feel a stronger sense of community with the people on my block/in my neighbourhood.	A Sc	BSCI-m
РМ3	I am comfortable being with people of other cultures, races or ethnic groups.	F Sc	СТК		РМ3	I feel more comfortable being with people of other cultures, races or ethnic groups.	A Sc	СТК
PM4	I respect members of my own culture/race/ethnic group.	F Sc	СТК		PM4	I have more respect for members of my own culture/race/ethnic group.	A Sc	СТК
PM5	I care about other people in my neighbourhood/community.	F Sc	CTK-m		PM5	I care more about other people in my neighbourhood/community.	A Sc	CTK-m

#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [insert name],		
1	I trust people in my neighbourhood.	A Sc	SC:GSS-m	1	I am more trusting of people in my neighbourhood.	A Sc	SC:GSS-m
2	It is safe to walk alone in my neighbourhood after dark.	A Sc	SC:C&Y1	2	I feel safer walking alone in my neighbourhood after dark.	A Sc	SC:C&Y1-m
3	If there is a problem in the neighbourhood, the neighbours get together to deal with it.	A Sc	SC:C&Y1-m	3	if there is a problem in the neighbourhood, the neighbours are more likely to get together to deal with it.	A Sc	SC:C&Y1-m
4	I feel a strong sense of community with the people on my block/in my neighbourhood.	A Sc	BSCI	4	I feel a stronger sense of community with the people on my block/in my neighbourhood.	A Sc	BSCI-m
5	I feel a sense of belonging in my (neighbourhood/community).	A Sc	С	5	I feel a stronger sense of belonging in my neighbourhood/community.	A Sc	С
6	I feel welcome in my neighbourhood/community.	A Sc	С	6	[Insert name] helped me feel welcome in my (neighbourhood/community).	A Sc	С

7	I care about the future of my neighbourhood/community.	A Sc	С	7	I care more about the future of my neighbourhood/community.	A Sc	С
8	I know about the good things people do in my neighbourhood/community.	A Sc	СТК	8	I know more about the good things that people have done in my neighbourhood/community.	A Sc	СТК
9	I know my neighbours.	A Sc	С	9	I know my neighbours better.	A Sc	С
10	I appreciate the seniors in my neighbourhood/community.	A Sc	С	10	I have more appreciation for the seniors in my neighbourhood/community .	A Sc	С
11	Seniors are an important/valuable part of my neighbourhood/community.	A Sc	С	11	[Insert name] helped me to realize that seniors are an important/valuable part of my neighbourhood/community	A Sc	С
12	I appreciate the youth in my neighbourhood/community.	A Sc	С	12	I have more appreciation for the youth in my neighbourhood/community.	A Sc	С
13	Youth are an important/valuable part of my neighbourhood/community.	A Sc	С	13	[Insert name] helped me to realize that youth are an important/valuable part of my neighbourhood/community	A Sc	С
14	Youth in my neighbourhood/community have a lot to offer.	A Sc	С	14	[Insert name] helped me to realize that youth in my neighbourhood/community have a lot to offer.	A Sc	С
15	Adults in my neighbourhood/community value our youth.	A Sc	С	15	\dots adults in my neighbourhood/community value our youth more.	A Sc	С
16	[Insert population group] are an important/valuable part of my neighbourhood/community.	A Sc	С	16	[Insert name] helped me to realize that [insert population group] are an important/valuable part of my neighbourhood/community.	A Sc	С
17	[Insert population group] in my neighbourhood/community have a lot to offer.	A Sc	С	17	[Insert name] helped me to realize that [insert population group] in my neighbourhood/community have a lot to offer.	A Sc	С
18	I am aware of the contribution [insert population group] makes in my neighbourhood/community.	A Sc	С	18	I am more aware of the contribution [insert population group] makes in my neighbourhood/community.	A Sc	С
19	I know about other cultures, races, and ethnic groups.	A Sc	CTK-m	19	I know more about other cultures, races or ethnic groups.	A Sc	CTK-m
20	I care about people from other cultures, races or ethnic groups.	F Sc	CTK-m	20	I care more about people of other cultures, races or ethnic groups.	A Sc	СТК
21	I respect people from other cultures, races or ethnic groups.	F SC	CTK-m	21	I have more respect for people of other cultures, races or ethnic groups.	A Sc	СТК
22	I am comfortable being with people of other cultures, races or ethnic groups.	F Sc	СТК	22	I feel more comfortable being with people of other cultures, races or ethnic groups.	A Sc	СТК
23	I know about my own culture/race/ethnic group.	A Sc	СТК	23	I know more about my own culture/race/ethnic group.	A Sc	СТК
24	I am interested in my own culture/race/ethnic group.	A Sc	СТК	24	I am more interested in my own culture/race/ethnic group.	A Sc	СТК
25	I feel connected to my family's cultural traditions.	F Sc	СТК	25	I feel more connected to my family's cultural traditions.	A Sc	СТК

26	I feel connected to my own culture/race/ethnic group.	F Sc	СТК	26	I feel more connected to my own culture/race/ethnic group.	A Sc	СТК
27	I feel pride for my own culture/race/ethnic group.	F Sc	СТК	27	I feel more pride in my own culture/race/ethnic group.	A Sc	СТК
28	I respect members of my own culture/race/ethnic group.	F Sc	СТК	28	I have more respect for members of my own culture/race/ethnic group.	A Sc	СТК
29	I care about other people in my neighbourhood/community.	F Sc	CTK-m	29	I care more about other people in my neighbourhood/community.	A Sc	CTK-m
30	I care about all people in my neighbourhood/community	F Sc	С	30	I care more about all people in my neighbourhood/community.	A Sc	С

Community Outcome # 2: Community social issues are identified and addressed.

Indicator –AWARENESS OF COMMUNITY SOCIAL ISSUES: Awareness of existing/emerging social issues

Provincial Priority Measures

#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PM1	I am aware that [insert community social issue] is an issue in my community.	A Sc	С	PM1	I am more aware that [insert community issue] is an issue in my community.	A Sc	С
PM2	I am aware of the impact of [insert community social issue] in my neighbourhood/community.	A Sc	С	PM2	I am more aware of the impact of [insert community social issue] in my neighbourhood/community.	A Sc	С

#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [insert name],		
1	I am aware of [insert community social issue].	A Sc	С	1	I am more aware of [insert community social issue].	A Sc	С
2	I am knowledgeable about [insert community social issue].	A Sc	С	2	I am more knowledgeable about [insert community social issue].	A Sc	С
3	I am aware that [insert community social issue] is an issue in my community.	A Sc	С	3	I am more aware that [insert community issue] is an issue in my community.	A Sc	С
4	I am aware of the impact of [insert community social issue] in my neighbourhood/community.	A Sc	С	4	I am more aware of the impact of [insert community social issue] in my neighbourhood/community.	A Sc	С
5	I am aware of what is happening in my community.	A Sc	С	5	I am more aware of what is happening in my community.	A Sc	С
6	I am aware of the social issues in my community.	A Sc	С	6	I am more aware of the social issues in my community.	A Sc	С
7	I am aware that the social issues in my community have been identified.	A Sc	С	7	\ldots . I am more aware that the social issues in my community have been identified.	A Sc	С

Community Outcome # 2: Community social issues are identified and addressed.

Indicator – UNDERSTANDING OF COMMUNITY SOCIAL ISSUES: Understanding of existing/emerging social issues

Provincial	Priority Measures
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#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [Insert name]		
PM1	I understand [insert community social issue].	A Sc	С	PM1	I have a greater understanding of [insert community social issue].	A Sc	С
PM2	I understand why [insert community social issue] is important to my community.	A Sc	С	PM2	I have a greater understanding of why [insert community social issue] is important to my community.	A Sc	С
РМ3	I understand the impact of [insert community social issue] on my community.	A Sc	С	РМ3	I have a greater understanding of the impact of [insert community social issue] on my community.	A Sc	С

#	Pre/Post Measures	Scale	Source	#	Post-Only Measures	Scale	Source
					As a result of [insert name],		
1	I understand [insert community social issue].	A Sc	С	1	I have a greater understanding of [insert community social issue].	A Sc	С
2	I understand why [insert community social issue] is important to my community.	A Sc	С	2	I have a greater understanding of why [insert community social issue] is important to my community.	A Sc	С
3	I understand the impact of [insert community social issue] on my community.	A Sc	С	3	I have a greater understanding of the impact of [insert community social issue] on my community.	A Sc	С
4	I have enough information to form an opinion about [insert community social issue].	A Sc	С	4	I have more information to form an opinion about [insert community social issue].	A Sc	С
5	I feel I can have a conversation with someone who can effect change/make a difference on [insert community social issue].	A Sc	С	5	I feel I am better able to have a conversation with someone who can effect change/make a difference on [insert community social issue].	A Sc	С
6	I understand [insert community social issue] well enough to figure out how I can contribute.	A Sc	С	6	I better understand [insert community social issue] and can figure out how I can contribute.	A Sc	С
	I have enough of a understanding of [insert community social issue] to identify people who can effect change/make a difference on this community issue.	A Sc	С	7	I have a better understanding of [insert community social issue] so I can identify people who can effect change/make a difference on this community issue.	A Sc	С

Community Outcome # 2: Community social issues are identified and addressed.

Indicator –AGENCIES AND/OR COMMUNITY MEMBERS WORK TOGETHER IN PARTNERSHIP TO ADDRESS SOCIAL ISSUES IN THE COMMUNITY: Partnerships created to address priority social issues in the community.

Levels of partnership: Communication, Cooperation, Coordination, Collaboration

		Pro	vincial I	Pric	ority	Measures		
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [Insert name]		
PM1	I have / My organization has good working relationships with other community agencies.	A Sc	С		PM1	I have / My organization has developed better working relationships with other community agencies.	A Sc	С
PM2	I am / My organization is able to serve the people in my community well.	A Sc	С		PM2	\dots . I am / My organization is better able to serve the people in my community.	A Sc	С
РМ3	I have / My organization has the necessary knowledge to help address this community social issue.	A Sc	С		РМ3	I have / My organization has more of the necessary knowledge to help address this community social issue.	A Sc	С
PM4	I have / My organization has the necessary skills to help address this community social issue.	A Sc	С		PM4	I have / My organization has more of the necessary skills required to help address this community social issue.	A Sc	С
PM5	Community members are prepared/ready to take ownership of community initiatives.	A Sc	С		PM5	community members are better prepared/more ready to take ownership of community initiatives.	A Sc	С
			Meas	sur	es Ba	nk		
#	Pre/Post Measures	Scale	Source		#	Post-Only Measures	Scale	Source
						As a result of [insert name],		
1	I am well informed about community and/or regional programs, services and resources.	A Sc	С		1	I am better informed about community and/or regional programs, services and resources.	A Sc	С
2	I have / My organization has good working relationships with other community agencies.	A Sc	С		2	I have / My organization has developed better working relationships with other community agencies.	A Sc	С
3	I identify / My organization identifies opportunities to partner with other agencies.	A Sc	С		3	I have / My organization has identified opportunities to partner with other agencies.	A Sc	С
4	I am / My organization is able to serve the people in my community well.	A Sc	С		4	I am / My organization is better able to serve the people in my community.	A Sc	С
5	I am / My organization is able to address the social needs in my community.	A Sc	С		5	I am / My organization is better able to address the social needs in my community.	A Sc	С
6	This collaboration has the necessary knowledge to take action on this community social issue.	A Sc	С		6	this collaboration has more of the necessary knowledge required to take action on this community social issue.	A Sc	С

7	I have / My organization has the necessary knowledge to help address this community social issue.	A Sc	С	7	I have / My organization has more of the necessary knowledge to help address this community social issue.	A Sc	С
8	This collaboration has the necessary skills to take action on this community social issue.	A Sc	С	8	this collaboration has more of the necessary skills required to take action on this community social issue.	A Sc	С
9	I have / My organization has the necessary skills to help address this community social issue.	A Sc	С	9	I have / My organization has more of the necessary skills required to help address this community social issue.	A Sc	С
10	This collaboration has the necessary resources to take action this community social issue.	A Sc	С	10	this collaboration has more of the necessary resources to take action on this community social issue.	A Sc	С
11	I have / My organization has the necessary resources to help address this community social issue.	A Sc	С	11	I have / My organization has more of the necessary resources to help address this community social issue.	A Sc	С
12	This collaboration facilitates effective use of our collective resources.	A Sc	С	12	this collaboration facilitates more effective use of our collective resources.	A Sc	С
13	The people involved in this collaboration have the necessary influence to take action on this community social issue.	A Sc	С	13	the people involved in this collaboration have more of the necessary influence required to take action on this community social issue.	A Sc	С
14	People involved in this collaboration trust one another.	A Sc	WCFI-m	14	people involved in this collaboration trust one another more.	A Sc	WCFI
15	I have / My organization has a lot of respect for the other people involved in this collaboration.	A Sc	WCFI	15	I have / My organization has more respect for the other people involved in this collaboration.	A Sc	WCFI
16	The people involved in this collaboration represent a cross section of those who have a stake in what we are trying to accomplish.	A Sc	WCFI				
17	Everyone who is a member of this collaborative group wants this project to succeed.	A Sc	WCFI	17	everyone who is a member of this collaborative is more invested in this project succeeding.	A Sc	WCFI-m
18	The level of commitment among the collaboration participants is high.	A Sc	WCFI	18	the level of commitment among the collaboration participants has increased.	A Sc	WCFI-m
19	People in this collaborative group have a clear sense of their roles and responsibilities.	A Sc	WCFI	19	people in this collaborative group have a clearer sense of their roles and responsibilities.	A Sc	WCFI-m
20	There is a clear process for making decisions among the partners in this collaboration.	A Sc	WCFI	20	there is a clearer process for making decisions among the partners in this collaboration.	A Sc	WCFI-m
21	The people in this collaboration are currently able to keep up with the work necessary to coordinate all the people, organizations, and activities related to this collaborative project.	A Sc	WCFI-m	21	the people involved in this collaboration are better able to keep up with the work necessary to coordinate all the people, organizations, and activities related to this collaborative project.	A Sc	WCFI-m
22	People in this collaboration communicate openly with one another.	A Sc	WCFI	22	\dots people in this collaboration communicate more openly with one another.	A Sc	WCFI-m
23	I feel comfortable expressing my ideas.	A Sc	С	23	I am more comfortable expressing my ideas.	A Sc	С
			-				

24	I have / My organization has the information I/we need to be well-informed about this collaborative project.	A Sc	WCFI-m	24	I have / My organization has more of the information I/we need to be well-informed about this collaborative project.	A Sc	WCFI-m
25	I have / My organization has a clear understanding of what this collaboration is trying to accomplish.	A Sc	WCFI	25	I have / My organization has a better understanding of what this collaboration is trying to accomplish.	A Sc	WCFI-m
26	People in this collaborative group know and understand our goals.	A Sc	WCFI	26	people in this collaborative group have a greater understanding of our goals.	A Sc	WCFI-m
27	The work this collaboration has done has made an impact on the issue in our community.	A Sc	С	27	the work of this collaboration has made more of an impact on the issue in our community.	A Sc	С
28	Community members are prepared/ready to take ownership of community initiatives.	A Sc	С	28	community members are better prepared/more ready to take ownership of community initiatives.	A Sc	С
29	Community members/agencies identify the social issues present in the community.	A Sc	С	29	Community members/agencies have identified the social issues present in the community.	A Sc	С
30	Community members/agencies set priorities for the specific social issues to be addressed in the community .	A Sc	С	30	Community members/agencies have set priorities for the specific social issues to be addressed in our community.	A Sc	С
31	Community members/agencies understand [insert community social issue] well enough to identify and address the challenges and barriers.	A Sc	С	31	Community members/agencies now understand [insert community social issue] well enough to identify and address the challenges and barriers.	A Sc	С
32	Community members/agencies understand [insert community social issue] well enough to identify allies and opportunities.	A Sc	С	32	Community members/agencies now understand [insert community social issue] well enough to identify allies and opportunities.	A Sc	С
33	Community members/agencies have a strategy to address the identified community social issues.	A Sc	С	33	Community members/agencies have developed a strategy to address the identified community social issues.	A Sc	С